



BALOO'S BUGLE



Volume 16, Number 10

"Make no small plans. They have no magic to stir men's blood and probably will not themselves be realized." D. Burnham

May 2010 Cub Scout Roundtable

June 2010 Cub Scout Theme

HOOP-DE-DOO

Tiger Cub Activities

Webelos Traveler and Handyman

FOCUS

Cub Scout Roundtable Leaders' Guide

Jump ball! Free throw! This month, Cub Scouts will have opportunities to play basketball and learn about sportsmanship. Invite a Boy Scout who is a member of his school's basketball team to teach the boys the rules of the game. Hold a pack basketball tournament, making sure to balance out the teams with older and younger boys. It's a good time to start working on the Basketball belt loop and pin. Play other games with hoops.

CORE VALUES

Cub Scout Roundtable Leaders' Guide

Some of the purposes of Cub Scouting developed through this month's theme are:

- ✓ **Sportsmanship & Fitness**, Cub Scouts will develop better sportsmanship while playing games with others in the den and pack.
- ✓ **Personal Achievement**, Cub Scouts will feel a sense of accomplishment as they demonstrate their new skills on the court.
- ✓ **Respectful Relationships**, Through interactive games, Cub Scouts' ability to get along and play with others will be strengthened.

The core value highlighted this month is:

- ✓ **Health & Fitness**, Boys will learn the benefits of being fit and healthy when playing on a sports team..

Can you think of others??? Hint – look in your **Cub Scout Program Helps**. It lists different ones!! All the items on both lists are applicable!! You could probably list all twelve if you thought about it!!



COMMISSIONER'S CORNER



The Boys' Life reading Contest is back!!! See information in Special Opportunities

Months with similar themes to
Hoop-Dee-Do

Dave D. in Illinois

September 1939 was the very first month Cub Scouting used themes to provide program focus. CD

Month Name	Year	Theme
September	1939	Cub Olympics
August	1945	Sports
August	1950	Cub Scout Olympics
August	1953	Sports Carnival
August	1956	Cub Scout Field Day
June	1960	Cub Scout Olympics
June	1964	Cub Scout Olympics
June	1966	Sports Carnival
July	1968	Cub Scout Olympics
June	1970	Olympics
August	1970	Cub Scout Field Day
July	1972	Cub Scout Olympics
June	1975	Sports Carnival
June	1979	Learn a Sport
June	1990	Sports Arena
August	2002	Sports Extravaganza
July	2005	Play Ball!
June	2008	Go For The Gold
July	2009	Cub Scout Sports

Here are some Fitness related themes -

Month Name	Year	Theme
August	1944	Strength
May	1946	Keeping Fit
November	1949	Keeping Strong
May	1952	Strength and Skills
July	1962	Strength and Skill
June	1967	Feats of Skill
January	1969	Fit For America
January	1972	Feats of Skill
September	1974	Muscle Builders
January	1976	Tournament
June	1977	Muscle Builders
June	1978	Physical Fitness
August	1981	Physical Fitness
January	1983	Shape-Up (Winter Olympics)
March	1985	Step into Shape
July	1986	Strength and Skill
August	1988	Physical Fitness
April	1994	Shape Up
August	2000	Toughen Up
November	2000	Turn On the Power

THOUGHTFUL ITEMS FOR SCOUTERS

Thanks to Scouter Jim from Bountiful, Utah, who prepares this section of Baloo for us each month. You can reach him at bobwhitejonz@juno.com or through the link to write Baloo on www.usscouts.org. CD

Roundtable Prayer

CS Roundtable Planning Guide

“We thank You for the spirit of competition, for the physical abilities you have given each of us, and for the opportunity to improve our skills. We ask that you help us so we can become role models for the boys, demonstrating good sportsmanship, fairness and friendly play.” **AMEN**

The invention of basketball was not an accident. It was developed to meet a need. Those boys simply would not play "Drop the Handkerchief. [James Naismith](#)

To watch us dance is to hear our hearts speak.
[Hopi Indian Saying](#)

Hoop-De-Doo

Scouter Jim

In 1894, just four years after the invention of Basketball, Dr. James Naismith the inventor of the game asked “A. G. Spaulding and Brothers” to create a new ball for the game. Spaulding is still the official basketball of the NBA, WNBA, and the NBA Developmental League.

When I was asked to be a Venturing Scout Leader years ago, I used to refer to the program that was being run as the

“Spaulding Program.” All the boys wanted to do was play basketball in the Charter Organization’s gym. It was difficult to get them to do anything else. I enjoy a good basketball game and there is a place and time for it, but it should not become the primary activity for Scouting among older young men.

When I think of the term “Hoop-de-doo,” a different image comes to mind. One also in line with some of the interest and values of Scouting. The image is of Native American Hoop dancers. It is an amazing dance that tells a story with between 1 and 30 hoops. Like basketball, this has become a competitive sport, with a World Championship held each year at the New Mexico State Fair. Many of these competitions take place at Pow Wows all across the nation.

The word Pow Wow comes from an Algonquian word “Pau-wau” which is a gathering of medicine men and spiritual leaders. These events can last just one day or up to three, sometimes for special occasions these gatherings can last up to a week. The term Pow Wow has incorrectly been used to refer to any meeting of Native Americans, but it is a special event for gathering, dancing and renewal. Often there are dancing competitions at these events. In many Native American cultures, dancing is a method or worship, celebration, and is used for other purposes. The hoop in the Hoop dance is an never ending circle that can represent the circle of life. It is a spiritual symbol.

I am not Native American, but I have seen the Hoop Dance and been amazed by the skill of the dancers to move with so many hoops in such a wonderful and beautiful way. Native American Nations covered every part of this nation, and this might be a good month to teach Cub Scouts about these First Americans and the gifts that they give back to each of us, even today. It is also a good month for Cub Scout Leaders to be reminded to attend Cub Scout Pow Wows and get the training and spiritual uplift available there to help them continue to be Great Leaders.

Quotations

Quotations contain the wisdom of the ages, and are a great source of inspiration for Cubmaster’s minutes, material for an advancement ceremony or an insightful addition to a Pack Meeting program cover

Everybody pulls for David, nobody roots for Goliath.
[Wilt Chamberlain](#)

One man can be a crucial ingredient on a team, but one man cannot make a team. [Kareem Abdul-Jabbar](#)

Be strong in body, clean in mind, lofty in ideals.
[James Naismith](#)

When I was young, I never wanted to leave the court until I got things exactly correct. My dream was to become a pro.
[Larry Bird](#)

Good, better, best. Never let it rest. Until your good is better and your better is best. [Tim Duncan](#)

Basketball doesn't build character it reveals it.
[Author Unknown](#)

Sometimes a player's greatest challenge is coming to grips with his role on the team. [Scottie Pippen](#)

Kids: they dance before they learn there is anything that isn't music. [William Stafford](#)

How can we know the dancer from the dance?

[William Butler Yeats](#)

I would believe only in a God that knows how to dance.

[Friedrich Nietzsche](#)

Never trust spiritual leader who cannot dance.

[Mr. Miyagi, The Next Karate Kid, 1994](#)

Nobody cares if you can't dance well. Just get up and dance. [Dave Barry](#)

Dancing is like dreaming with your feet! [Constanze](#)

The truest expression of a people is in its dance and in its music. Bodies never lie. [Agnes de Mille](#)

Dancing faces you towards Heaven, whichever direction you turn. [Terri Guillemets](#)

Dancers are the messengers of the gods. [Martha Graham](#)

You can dance anywhere, even if only in your heart.

[Author Unknown](#)

There are short-cuts to happiness, and dancing is one of them. [Vicki Baum](#)

To dance is to be out of yourself. Larger, more beautiful, more powerful. [Agnes De Mille](#)

Dancing with the feet is one thing, but dancing with the heart is another. [Author Unknown](#)

It is of course possible to dance a prayer. [Terri Guillemets](#)

Dancing is the poetry of the foot. [John Dryden](#)

Dance is the hidden language of the soul. [Martha Graham](#)

Next time you're mad, try dancing out your anger.

[Terri Guillemets](#)

Music begins to atrophy when it departs too far from the dance. [Ezra Pound](#)

Anyone who says sunshine brings happiness has never danced in the rain. [Author Unknown](#)

Common sense and a sense of humor are the same thing, moving at different speeds. A sense of humor is just common sense, dancing. [William James](#)

Baltimore Area Council

"Games are not so much a way to compare our abilities as a way to CELEBRATE them." ...[Pat Farrington](#)

"How we play the game may turn out to be more important than we imagine. For it signifies nothing less than our way of being in the world." ...[George Leonard](#)

"True games do not divide us into winners and losers, but cause us to EMBRACE each other. They give everyone the chance to experience the feeling of full and even membership in the play community." ...[George Leonard](#)

TRAINING TIP

Annual Planning

[Bill Smith](#), the Roundtable Guy

Please keep Bill in your prayers. He is still recovering from a stroke but can, obviously, still inspire with his stories and examples. CD

Annual Planning

The annual pack planning process is probably the most important task ahead. The quality of your next-year's program will depend almost entirely on how well you plan it.

Make it work

Be prepared! This year we will be working with the *CUB SCOUTS 2010* material. Things will be a bit different, but that should not be too much of a problem for most packs and most district teams. The good news is, that from all I have heard, the volunteers who have made up the National Cub Scout Committee are still there so we should expect high quality work similar to what they were producing during the last several years. This was some of the best stuff I have seen coming out of Irving is all my years of Scouting. MyScouting.org informs us that:

CS 2010 leader materials and training should be in local council service centers between April 30 and May 7, 2010.

(My local National Scout Shop (Wilmington, DE) told me May 15 when I called. CD)

Barely in time for the May Roundtables. Several correspondents have noted that National doesn't have the best track record in getting stuff out on time. It is still a great improvement over waiting until the Nation Business Meetings in early June as they normally do.

The two big changes that will have immediate effects in pack planning this summer and pack programs starting in September are:

- ◆ Themes
- ◆ Fast track

Let's look at each of these in turn and examine how they will affect planning, programs, Roundtables and training.

Themes

Themes will go the way of *Tiger Big Ideas*, *Den Mothers*, and *Be Square* - it will just disappear from the lexicon of Cub Scouting. Actually very few Cub Packs have used themes exactly as outlined in our planning literature. Pack leaders would typically choose themes in whatever order worked for them, sometimes choosing a theme from another year or making up their own. It was not unusual for packs to plan a whole month on some other program item - like the PWD or camp. When I was a *CM (back in Paleolithic times)* we would often base our month on some upcoming event like a fishing trip or a bicycle rodeo.

Den leaders had an even more cavalier attitude and joined in on what the pack chose to do only if it might make their den meetings better. Tigers rarely used themes.

It is almost impossible to create a monthly theme that would work for all climates, all local customs and resources and all leaders' abilities.

What did work for many packs was when the theme (or whatever they chose to use) would catch the imagination of the boys and make the meeting exciting and FUN.

Lisa Titus wrote in a Cub Scout forum:

All I really know is that the themes are going away and they're being replaced by the core values. I say there is nothing wrong with the core values

BUTI just don't see the FUN in them.

Themes are not really being replaced. They are just being eliminated. Core Values are not new; we have had suggestions for two monthly CVs for almost ten years now. We were supposed to be incorporating them in all our den and pack programs, weren't we? Now we will only have one. What will replace the theme and the other CV?

Lisa is right about the FUN though. We are also supposed to fill our meetings with activities that appeal to boys ages 6 through 10. This usually means things like games, skits, run-ons, and those wild ceremonies that Sean Scott would suggest. Our best pack leaders have excelled at choosing these kinds of items. Also *The Cub Scout Leaders' How-To Book* is scheduled to be around now for at least several more years.

It does seem a bit much to spend an entire pack meeting preaching to parents and boys on a single message on building Character. I recall that Baden Powell once wrote:

Also, when visiting the parents, don't go with the idea of impressing on them the value of Scouting so much as to glean from them what are their ideas of training their boys and what they expect of Scouting or where they find it deficient.

Some packs conduct regular surveys of families in their packs to determine which events and other program items to keep, change or drop. Some of the more successful surveys are on the pack web sites.

Roundtable staffs should be able to fill their programs with both fun stuff as well as ideas on how to incorporate CVs into pack and den programs. This sort of stuff has been going on for years - it's not rocket science or M-Theory.

Personally, I am glad to see the end of suggested themes. I have always regarded them as being overly restrictive rather than helpful. Occasionally there were some wonderful themes that introduced Cub Scouts to new adventures like foreign countries, history or literature. I see nothing wrong with putting a few of these in your programs. This new approach seems to offer more choices, more flexibility for leaders. We will have to see what the new guides have as they become available this week, but so far I like what I have seen.

Fast track

I have, for years, believed that the position of den leader was one of most difficult jobs in Scouting. Den leaders must come up with some thirty to fifty meetings a year and do

most of the work to plan, lead and provide everything for them. Scoutmasters, on the other hand, have a bunch of Patrol Leaders and other Scouts who do most of this work. So I regard anything that helps DLs do their jobs as an improvement. The Fast Track approach seems to do that.

We lose a lot of Cub Scouts every year when dens fail. Looking at membership records for individual packs reveals that a significant number of packs retain almost all their boys except for a single age or grade level where 100% drop out. An entire den disappeared! This happens in different packs at different levels all the time. Now it's hard to imagine a den program so weak that all the boys drop out, but it is easy to visualize a den leader so frustrated and overloaded that he or she just gives up. If you also consider typical high ratios of registered DL to DA, then it is likely that there is no one to take over the den. Many dens lack a registered assistant leader and few of those we have are trained. So, the den fails and we lose all those boys.

Therefore something that support the den program, or that make the job easier, or that encourages the leader, is going to help. What is really give me confidence are the reports that most den leaders that have tried the new system enthusiastically support it. If den leaders like what they are doing they are more likely to be successful.

A couple things do worry me a bit.

Putting more of the advancement process in the den meetings has the potential of making the den more like a continuation of school work than an escape to fun and adventure. I am confident that most den leaders I have met can cope with that, and will to some degree. Yet, a long-time Scout leader I know observed that it seemed like National was more interested in putting more badges on kids than attaining the purposes of Cub Scouting.

Another worry is that there seems to be a decided shift away from the *Home and Neighborhood* concept. The stated reason for this is that family structures have changed since [Huber Hurt's](#) time and we can't get parents involved like we used to.

Yes, families have changed and for the better! It's easier these days to get parents involved. We now see more diversity in the family members who support both the pack and the individual Cub Scouts. In the last dozen years I have marveled at the ability of single parents to not only be excellent Akelas for their Cub Scout sons, but also take on major responsibilities in pack leadership. We continue to see more fathers become den leaders and more grandparents return to the program.

Getting parents involved usually is accomplished by some variation of the following three-step program:

1. A **buy-in** by all the leaders. Everyone is marching to the same drummer.
2. Introduce the **Parent Agreement** to the families, the night the boy joins (when the parent has the Application in hand.) And the parents do agree to it and sign it.
3. **Follow-up** regular parent meetings, reminders in ceremonies, newsletters, web sites, etc.

I have taught this at all sorts of training events and Roundtables since I first learned it at Philmont forty-some years ago. I used to get a lot of flack over it whenever the subject of parents came up. The opposition seemed to stem from people unaware the process or the values of parent involvement and those unwilling to put forth the effort it takes to make it happen.

It does take a bit of effort (and patience) but it does work and the results are certainly worth it. The biggest and best packs I have ever seen use some version of that 3-step method and get lots of parent involvement. A wise Director of Field service once told me, "Any pack that solves the parent problem has very few other problems."

Getting parents involved does not seem to be the problem it was even 10 years ago. Certainly nowhere near as contentious as it was back in the 1970's and '80's. I haven't seen the parent problem show up in recent years in the CS email forums I monitor. It used to be regular topic a decade ago. The last time I was challenged on the issue was at a Pow Wow in 2000 or 2001. I think though that those leaders were more worried that parents might dilute their authorities rather than their being uninformed or lazy. They were protecting their turf - something I see more in Scout troops than in Cub Packs.

So I wonder where all this trepidation about unwilling parents comes from. Does someone in Irving really believe that today's parents don't love their kids or don't aspire to see them grow into competent, useful citizens? I, for one, am proud of these parents I see today, and I am proud of their children.

The arithmetic favors parents. A den leader can spend a few minutes a week in one-on-one special time with each boy. How much character building, how much citizenship training does that provide? Parent have the ability to spend hours doing this with their sons. They can, and will, so long as they are motivated to do so. All we have to do is to convince parents that **it just take one hour a week.**

I am interested in learning about the experiences that CS leaders have with the CS-2010.

Reach bill smith at wt492(at)wtsmith.com.

What are YOU going to do now?

Go get 'em. We need all the help we can get.

***The best gift for a Cub Scout.....
.....get his parents involved!***

✓ **Also, be sure to visit Bill's website**
<http://rt492.org/>
to finds more ideas on everything Cub Scouting.

**Have any Comments for Bill
just click right here!**

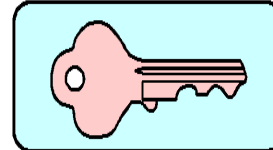
PACK ADMIN HELPS

Den And Pack Newsletters

Circle Ten Council

Communication is the complex process of transmitting and receiving signals. Words mean different things to different people. Confidence and poise comes through slow, deliberate talking. Tension sometimes comes from fast-talking. Body language can communicate more than words in some instances. Communications are most likely to succeed when both the sender and receiver assume 100% responsibility of getting the message across.

COMMUNICATION IS THE KEY



Communications between pack leaders and parents is vital. It is important for a person to know to transmit his ideas so that they convey what he intends. Putting yourself in the other person's shoes...looking at the situation from his point of view...empathy...is always helpful.

There are a variety of techniques that can be used to improve communications with the pack. Some of the methods are considered "one way", the simple transmitting of ideas. Other methods are "two way", the exchange of ideas. This list is not exhaustive. Use your imagination and create unique ways to communicate in the pack.

YEARLY CALENDAR: Each year at the annual planning meeting the pack should set the monthly themes for the programs for the next 12 months. Along with the themes, the pack meeting dates, times, and places can be set. This information is vital and should be shared with every family in the pack as soon as it is available.

SURVEY SHEETS: This communication device really falls in the category of information gathering. If each family completes a survey sheet then valuable information is in the hands of the Cubmaster and Den Leaders.

POSTERS: Posters help tell what is going to happen or what has occurred. A den can use posters to tell what activities they have done when the event does not lend itself to display at pack meeting. A poster can also place emphasis on an upcoming event more effectively than the pack newsletter.

SKITS: Communication that takes the form of "one way" does not always have to be in a written format. A skit about next month's bicycle rodeo or the parent-son cake bake will add more fun and variety to a pack meeting. It can help make others more aware of an upcoming event.



NEWSLETTER: Is there a problem keeping leaders, parents and boys aware of what is going on? If so a pack newsletter can alert everyone to the event that the pack has scheduled and perhaps get volunteers for special events. A newsletter is a one way form of communication. A newsletter can be passed to parents at the monthly pack meeting. If arrangements can be made in the pack budget, the newsletter can be mailed to the home of each Cub Scout. While it will cost, everyone will get a copy of the important information. The newsletter can be E-mailed or posted to the Pack Website.

Communication is the name of the game-but producing a newsletter is not a game. As games have rules, there are guidelines to clear communication.

ASK YOURSELF

Is there enough information that needs to be given to the pack parents that would warrant having a newsletter?

What do you want to accomplish by publishing a newsletter?

The newsletter can serve several functions, such as informing, educating, promoting and entertaining.

Who will be reading the newsletter? Each family should receive a newsletter, as well as the sponsoring organization, hometown newspaper, and prospective Cub Scout families.

Resources- Different types of jobs that need to be accomplished in putting a newsletter together.

- ✓ Writing the article
- ✓ Editing the written material
- ✓ Proofreading
- ✓ Typing
- ✓ Designing layout
- ✓ Drawing. Layout
- ✓ Collating/ Stapling & Mailing

ANSWERING OTHER QUESTIONS



Once it has been determined that communication by newsletter is the best method for your pack, there are other questions that need answered. Will the pack finance, or is there a parent who can make copies at their work place? Who will assume which duties to assure that it is out on time? Will it be mailed or distributed at the pack meeting? These questions may need clarification before publication begins.

The editor "gets it all together". The editor's duties and responsibilities should be clearly understood by the editor and the pack committee. Get it down in writing to avoid problems and confusion. Remember why you are doing the newsletter.

SOME STORY IDEAS:

News about membership

Notices of changes in policies or activities

Notices of upcoming events

Recognition of boys & leaders

Calendar of events

Make sure stories and articles are clear, concise, and correct
Friends of Scouting information

SPECIAL OPPORTUNITY

Basketball

www.usscouts.org

www.scouting.org



Requirements

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

Webelos Scouts that earn the Basketball Belt Loop while a Webelos Scout also satisfy part of requirement 4 for the Sportsman Activity Badge.

Belt Loop

Complete these three requirements:

1. Explain the rules of basketball to your leader or adult partner.
2. Spend at least 30 minutes practicing basketball skills.
3. Participate in a basketball game.



Sports Pin

Earn the Basketball belt loop, and complete five of the following requirements:

1. Compete in a pack or community basketball tournament.
2. Demonstrate effective passing using the chest pass, bounce pass, over-the-head pass, and baseball pass.
3. Successfully demonstrate the set shot and jump shot shooting styles.
4. Demonstrate skill in the following dribbling techniques: high dribble, low dribble, turnable dribble, change-of-pace dribble, and combination dribble.
5. On three different occasions, spend at least 30 minutes developing individual defensive skills.
6. Explain and demonstrate 10 official basketball signals.
7. Play three shot-improving games with a member of your den or team.
8. Play five games of basketball.
9. Participate in a basketball clinic.
10. Attend a high school, college, or professional basketball game.

Boys' Life Reading Contest for 2010

<http://boyslife.org/>



SAY 'YES' TO READING

Enter the 2010 Boys' Life Reading Contest

Write a one-page report titled "The Best Book I Read This Year" and enter it in the Boys' Life 2010 "Say Yes to Reading!" contest.

The book can be fiction or nonfiction. But the report has to be in your own words — 500 words tops. Enter in one of these three age categories:

- * 8 years old and younger
- * 9 and 10 years old
- * 11 years old and older

First-place winners in each age category will receive a \$100 gift certificate good for any product in the Boy Scouts official retail catalog. Second-place winners will receive a \$75 gift certificate and third-place winners a \$50 certificate.

Everyone who enters will get a free patch like the one shown above. (*And, yes, the patch is a temporary insignia, so it can be worn on your Cub Scout or Boy Scout uniform shirt, on the right pocket. Proudly display it there or anywhere!*) In coming years, you'll have the opportunity to earn different patches.

The contest is open to all Boys' Life readers. Be sure to include your name, address, age and grade in school on the entry.

Send your report, along with a business-size, self-addressed, stamped envelope, to:

Boys' Life Reading Contest
S306
P.O. Box 152079
Irving, TX 75015-2079

Entries must be postmarked by Dec. 31, 2010 and must include entry information and a self-addressed, stamped envelope.

See 2009's winners posted at -

<http://boyslife.org/home/12652/2009-boys-life-reading-contest-winners/>

For more details go to <http://boyslife.org/>

Knots of the Month

Another year is almost done as our Cubs are ready to move up. Now might be an appropriate time to honor their leaders. Here are two Leader Awards. Den Leader was in last month's Bugle and Cubmaster (Jan 2010), Cub Scouter (Dec 2009, and Pack Trainer (Aug 2009). CD

Tiger Cub Den Leader Award

www.usscouts.org and www.scouting.org



Have a great Tiger Leader in your Pack who is finishing her or his year?? If they have earned their Knot, put them in for it and surprise them!!! Might help you keep them as a Wolf Leader next year!! CD

Tenure

- ★ Complete one year as a registered Tiger Cub Den Leader.

Dates of service used to earn this award cannot be used to earn another key or award.

Training

- ★ Complete "The New Tiger Cub Den Leader" Fast Start training.
- ★ Complete basic training for Tiger Cub Den Leaders.
- ★ Complete Youth Protection Training.
- ★ During your tenure for this award, participate in a Cub Scout leader pow wow or University of Scouting, or attend at least four roundtables.

Performance

Do all of the following:

- ★ Conduct a Tiger Cub roundup for your pack with at least five new Tiger Cub boy/adult teams recruited.
- ★ Contact the host team each month and provide support as needed for one year.
- ★ Coordinate Tiger Cub den participation in three Cub Scout pack activities each year.
- ★ Graduate a Tiger Cub den into Cub Scouting with at least 60 percent of the Tiger Cubs becoming Cub Scouts.
- ★ Report on the progress of Tiger Cub dens at 75 percent of pack leader meetings

For more information go to:

<http://scoutleaderawards.com/awards/tiger.asp>

For a scorecard to log your progress for this award, go to

<http://www.scouting.org/filestore/pdf/34169-50.pdf>

Webelos Den Leader Training Award

Kommissioner Karl and Commissioner Dave

www.usscouts.org



Your Webelos I Den Leaders are completing a year of service. How about recognizing them and urging them on for next year by presenting them their Webelos Den Leader Training Award??

By the way - Webelos always ends with an S whether talking about one Webelos Scout or a den of Webelos. It is an acronym – WE'll BE LOyal Scouts. As the CS RT Commissioner who trained me says – if you don't have an S at the end – then there is nothing to which to be loyal.

The Webelos Den Leader Training Award program is a lot like most of the training awards a leader is able to earn. Leaders that have completed the requirements and training have made the commitment to do the program right. They, have assistants in place, conduct well planned meetings and more. If you look at the requirements, you may not meet all 11 of the Performance requirements, but if you have a FUN and successful program, you probably have already completed seven of them and earned the award. This award recognizes people for putting the tools in place to succeed, and the rest is easy.

The requirements are:

Tenure

- ✓ Complete one year as a registered Webelos den leader.

Training

- ✓ Complete Webelos Den Leader Fast Start training.
- ✓ Complete New Leader Essentials and Webelos Den Leader Specific Training.
- ✓ Complete outdoor training for Webelos den leaders.
- ✓ Complete Youth Protection training.
- ✓ During your tenure for this award, participate in a Cub Scout leader pow wow or university of Scouting, or attend at least four roundtables.

Performance - Do seven of the following:

- ✓ During at least one program year, have a minimum of 50 percent of the Webelos Scouts in your den advance in rank (Webelos badge or Arrow of Light Award).
- ✓ At least once, reregister a minimum of 75 percent of the eligible members of your den as part of a pack rechartering.
- ✓ Graduate a minimum of 60 percent of the eligible members of your Webelos den into Boy Scouting.
- ✓ Have an assistant den leader or second adult who regularly attends your den's meetings and activities.
- ✓ Have a den chief who regularly meets with your den.
- ✓ Take leadership in planning and conducting two Webelos overnight campouts or other outdoor den activities each year.
- ✓ Assist in planning and conducting a Webelos den/Boy Scout troop joint activity.
- ✓ Take leadership in planning and conducting a Webelos den service project.
- ✓ Conduct at least three Webelos den meetings per month, nine months per year, or follow an optional meeting plan approved by the pack.
- ✓ Participate with your den in a Webelos day camp or resident camp experience.
- ✓ Hold regular den meeting and den activity planning sessions with your assistant den leader.

For more info:

<http://scoutleaderawards.com/awards/webelos.asp>

A downloadable tracking card is available at:

<http://www.scouting.org/filestore/pdf/34169-52.pdf>

If you want to see all the Cub Scout Leader awards on one page go to National's Website at -
<http://www.scouting.org/scoutsource/CubScouts/resources/CSLeaderRecAwards.aspx>

GATHERING ACTIVITIES

Note on Word Searches, Word Games, Mazes and such – In order to make these items fit in the two column format of Baloo's Bugle they are shrunk to a width of about 3 inches. Your Cubs probably need bigger pictures. You can get these by copying and pasting the picture from the Word version or clipping the picture in the Adobe (.pdf) version and then enlarging to page width. CD

Basketball Word Search Puzzle

Catalina Council

Find the basketball words from the bottom in the Basketball Word Search grid. The words can be forwards or backwards, vertical, horizontal, or diagonal. Circle each letter separately, but keep in mind that letters in each basketball word may be used in more than one word. When the basketball word search puzzle is complete, read the remaining letters left to right, top to bottom, to learn an interesting basketball fact.

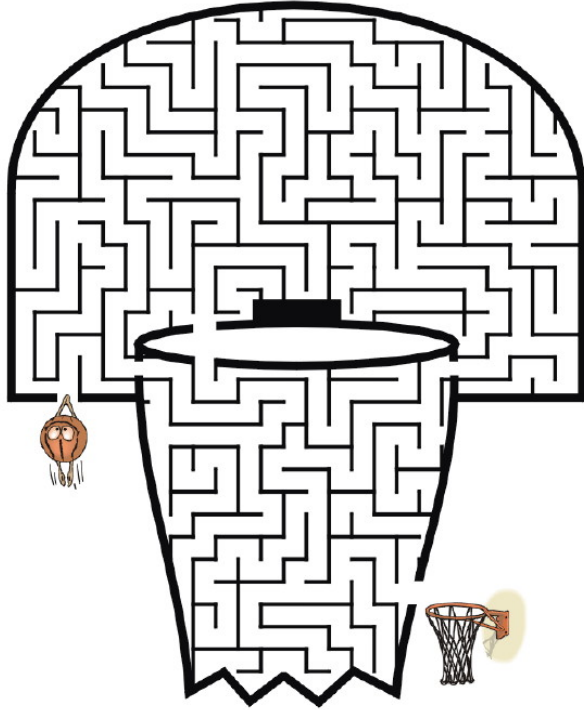
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J J A B F M E K S B N A I F S
U M I O A T H C L T O V I P W
M A R X S S W O R H T E E R F
P T E O T H C L E C L A Y U P
B A T U B K N C A D D I A N A
A B N T R Y W T G H O F D T L
L A E P E R S O N A L F O U L
L C C K A A A H I T N O U R E
V K E H K L M S E O F P B N Y
N B T P A S S K K O O I L O O
C O U R T R S G N H R T E V O
E A D B A A G A U S W S T E P
D R I B B L E E D A A K E R E
T D N L U O F T N A R G A L F
J U M P S H O T B A D D M L L
    
```

ALLEY-OOP	DUNK	LAY-UP
BACKBOARD	FAST BREAK	NBA
BASKET	FIELD GOAL	PASS
BLOCK	FLAGRANT FOUL	PIVOT
BOX OUT	KEY	PERSONAL FOUL
CENTER	FREE THROW	SHOOT
CHARGE	GUARD	SHOT CLOCK
COURT	JUMP BALL	TEAM
DOUBLE TEAM	JUMP SHOT	TIP-OFF
DRIBBLE	FORWARD	TURNOVER



Basketball Maze
Catalina Council

Help the basketball through the net shaped maze to swoop into the net.





Basketball Count by 5s
Catalina Council

The guy is trying to dunk the basketball. Draw the path through the maze to the basketball net by starting at 5 and counting by 5s up to 500.

35	30	15	10			325	330		
40	25	20	5		315	320	335		
45	50	95	100		310	305	340		
60	55	90	105	110	265	270	295	300	345
65	80	85	120	115	260	275	290	355	350
70	75	130	125	250	255	280	285	360	365
165	160	135	140	245	410	405	400	395	370
170	155	150	145	240	415	420	425	390	375
175	180	225	230	235	500	495	430	385	380
190	185	220			490	435	450	455	
195	210	215		485	440	445	460		
200	205			480	475	470	465		

Basketball Count by 1s
Catalina Council

The player is trying to pass the basketball. Draw the path of the basketball through the maze starting at 1 and counting by 1s up to 100.

88	89	92	93	96	97	100			
87	90	91	94	95	98	99			
86	83	82	81	80	79				
85	84	15	16	77	78	71	70	67	66
12	13	14	17	76	73	72	69	68	65
11	10	9	18	75	74	29	30	63	64
4	5	8	19	26	27	28	31	62	61
3	6	7	20	25	24	33	32	59	60
2	1		21	22	23	34	35	58	57
	40	39	38	37	36	55	56		
	41	44	45	48	49	54	53		
	42	43	46	47	50	51	52		

Just Passing Through

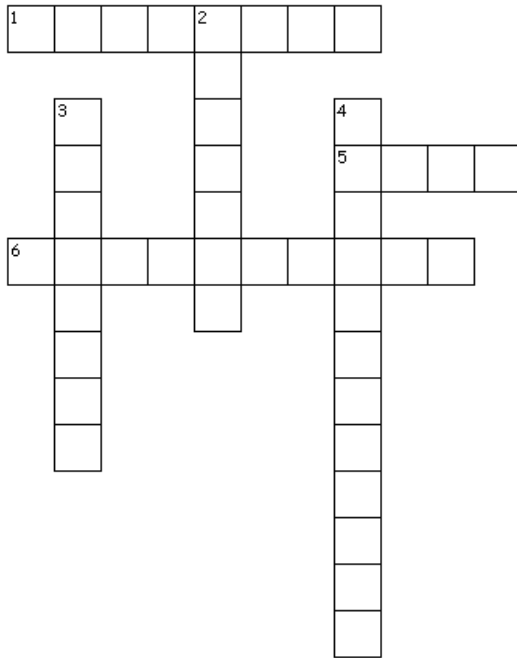
Alice, Golden Empire Council

- ☺ You will need two hula hoops.
- ☺ Gather everyone into two teams, making an inner and outer circle by holding hands.
- ☺ Break the grip at one place in each circle and add a Hula Hoop.
- ☺ Now the two circles compete to see which one can pass the Hula Hoop around their circle first, by having each person in the circle pass through the hoop!
- ☺ No letting go of hands!!
- ☺ Start a second hoop if gets too easy! Start a third and have it go the opposite way!! They will solve the problems.

Hoops Are Everywhere!

Alice, Golden Empire Council

See if you can find the hoops in this crossword – Think outside the box, because Hoops are Everywhere!



Notes:

- ✓ All the answers are described in Alice's Opening Ceremony and an answer key is there, too.
- ✓ Contrary to normal crossword convention - a word in the clue can also be in the answer

Across

1. This hoop is sweet to eat
5. This hoop can tell if you are married or engaged
6. This popular hoop catches something without keeping it

Down

2. This hoop catches something good to eat
3. This hoop was produced by Wham-O
4. This hoop can prevent nightmares

Hoop De Doo Charades

Alice, Golden Empire Council

- Divide into teams by dens, families, or just divide audience equally.
- Each team takes a turn pulling an assignment from a hat or bag – one person must act out the idea.
- The other team must guess the idea exactly to earn a two points.
- Winning team is the one with the most points at the end of 5 minutes or whatever time limit you choose.
- Each idea has something to do with a hoop.
- Some ideas to use: Making a basket; rolling a hoop with a stick; Fishing with a hoop net; Throwing a Frisbee through a hoop; Playing a “Catch the Hoop”

game; Making a Dream Catcher; Making doughnuts; Eating a Doughnut; Making a circle with string on the ground and looking to see what’s within the hoop; Putting a tire (hoop) on a bike or car; acting out a Native American hoop dance; keeping a hula hoop going around your waist.

- **Want an extra challenge?** *The opposing team must NOT laugh during the charade demonstration, or they lose a point!*

Charade Hints

Commissioner Dave

We have found it increasingly difficult to play charades with Cubs and with Parents. No one has done it and no one knows the hits and clues. So here are some quicky hints to speed up your game. If you google charade hints you can find more. CD

To act out a phrase, one usually starts by indicating what category the phrase is in, and how many words are in the phrase. From then on, the usual procedure is to act out the words one at a time (although not necessarily in the order that they appear in the phrase). In some cases, however, it may make more sense to try to act out the "entire concept" of the phrase at once.

To Indicate Categories:

- **Book title:** Unfold your hands as if they were a book.
- **Movie title:** Pretend to crank an old-fashioned movie camera.
- **Play title:** Pretend to pull the rope that opens a theater curtain.
- **Song title:** Pretend to sing.
- **TV show:** Draw a rectangle to outline the TV screen.
- **Quote or Phrase:** Make quotation marks in the air with your fingers.
- **Person** Stand with hands on hips.
- **Poem** Pretend to hold a paper and pretend to read the poem.
- **Animal** Pound your fists on your chest (like a [gorilla](#)), cup your hands next your head and hop up and down several times (like a bunny [rabbit](#)), or move very slowly so as to imitate a [sloth](#).
- **Location** Make a circle with one hand, then point to it, as if pointing to a dot on a [map](#).

To Indicate Other Things:

- **Number of words in the title:** Hold up the number of fingers.
- **Which word you're working on:** Hold up the number of fingers again.
- **Number of syllables in the word:** Lay the number of fingers on your arm.
- **Which syllable you're working on:** Lay the number of fingers on your arm again.
- **Length of word:** Make a "little" or "big" sign as if you were measuring a fish.
- **"The entire concept:"** sweep your arms through the air.

- **"On the nose"** (i.e., someone has made a correct guess): point at your nose with one hand, while pointing at the person with your other hand.
- **"Sounds like"**: Cup one hand behind an ear or tug an ear lobe.
- **"Longer version of :"** Pretend to stretch a piece of elastic.
- **"Shorter version of:"** Do a "karate chop" with your hand
- **"Plural"**: link your little fingers.
- **"Past tense"**: wave your hand over your shoulder toward your back.
- **A letter of the alphabet:** move your hand in a chopping motion toward your arm (near the top of your forearm if the letter is near the beginning of the alphabet, and near the bottom of your arm if the letter is near the end of the alphabet).

Standard signals

- **Proper Name** Tap the top of your head with an open palm.
- **Past tense** Wave your hand over your shoulder toward your back.
- **A color** Point to your tongue, then point to an object of the color you're trying to convey. If no objects are available, then pantomime an object that typically possesses the color in question.
- **Close, keep guessing!** Frantically wave your hands about to keep the guesses coming, or pretend to fan yourself, as if to say "getting hotter".
- **Not even close, I'll start over** Wave hand in a wide sweep, as if to say "go away!" Alternatively, pretend to shiver, as if to say "getting colder".

Signals for common words

- "A" is signed by steeping index fingers together. Following it with either the stretching [rubber band](#) sign or "close, keep guessing!" sign, will often elicit "an" and "and". (sometimes "and" is signed by pointing at ones palm with the [index finger](#))
- "I" is signed by pointing at one's eye, or one's chest.
- "The" is signed by making a "T" sign with the index fingers. The "close, keep guessing!" sign will then usually elicit a rigmarole of other very common words starting with "th".
- "That" is signed by the same aforementioned "T" with the index fingers and immediately followed by one flattened hand tapping the head for a "hat", thus the combination becoming "that". Following this with the "opposite" sign indicates the word "this."
- Pretending to paddle a canoe can be used to sign the word "or."
- For "on," make your index finger leap on to the palm of your other hand. Reverse this gesture to indicate "off." The off motion plus a scissor-snipping action makes "of".

- Other common small words are signed by holding the index finger and thumb close together, but not touching.

Sports Talk

Utah National Parks Council

Match the following terms with the proper sports by writing the number of each term in the blank by the sport it pertains to. Some terms may pertain to more than one sport.

Badminton	_____
Baseball	_____
Basketball	_____
Bowling	_____
Cricket	_____
Football	_____
Hockey	_____
Soccer	_____
Tennis	_____
Wrestling	_____

- | | |
|-----------------------|---------------------|
| 1. Ace | 26. Marking |
| 2. Alley | 27. Nose guard |
| 3. Backhand | 28. Offside |
| 4. Backward short-leg | 29. Pin |
| 5. Bird | 30. Pitch |
| 6. Blit | 31. Pop-up |
| 7. Blue line | 32. Popping crease |
| 8. Bowler | 33. Puck |
| 9. Bunt | 34. Racket |
| 10. Catcher | 35. Rebound |
| 11. Corner kick | 36. Ride |
| 12. Double fault | 37. Safety |
| 13. Double play | 38. Service |
| 14. Dribble | 39. Silly mid-on |
| 15. Dunk | 40. Slashing |
| 16. Escape | 41. Slide |
| 17. Fall | 42. Spare |
| 18. Fly pattern | 43. Split |
| 19. Forward | 44. Strike |
| 20. Frame | 45. Suicide squeeze |
| 21. Free throw | 46. Tackle |
| 22. Goalie | 47. Takedown |
| 23. Gutter | 48. Traveling |
| 24. Half nelson | 49. Volley |
| 25. High sticking | 50. Wicket |

Answers:

- Badminton* 2, 3, 5, 34, 38, 49
Baseball 9, 10, 13, 30, 31, 41, 45
Basketball 14, 15, 19, 21, 35, 48
Bowling 2, 8, 20, 23, 29, 42, 43, 44
Cricket 4, 8, 30, 32, 39, 50
Football 6, 18, 27, 28, 37, 46
Hockey 7, 19, 22, 25, 28, 33, 35, 40
Soccer 11, 14, 19, 22, 26, 28, 30, 46, 49
Tennis 1, 2, 3, 12, 34, 38, 49
Wrestling 16, 17, 24, 29, 36, 47

Hoops, Hoops, and more Hoops
Alice, Golden Empire Council

Have everyone bring hoops to share, or pictures of hoops to add to a Pack Collage on the wall. The person, den or family with the most ideas, or with the most original idea, gets first chance at the treat table!

Hula Hoop Game Day
Alice, Golden Empire Council

Have a daytime event – set up all kinds of games to play using the hoops, from using them for targets for Ultimate to a contest to see who can keep their hoop going the longest, or who can keep the most hoops in motion. Continue the hoop theme in your refreshments, from circle pretzels to Hoop de Doo cookies!

Obstacle Course
Catalina Council

- Set up any obstacle you can create (for example):
 - Tires to run through
 - Chairs to run around
 - Boxes to jump over
 - A sheet (pinned up a foot from the ground) to crawl underneath
- Scouts can test their skills before the meeting starts.

Football Riddles
Utah National Parks Council

How many teams can you name by these descriptions?

- Seven squared _____
- American gauchos _____
- 747 aircraft _____
- Suntanned bodies _____
- Large Army Insects _____
- Six rulers _____
- Rank of Boy Scouts _____
- Credit card users _____
- A dollar for corn _____
- Delicious Potatoes _____

Answers: A-49ers, B-Cowboys, C-Jets, D-Browns, E-Giants, F-Vikings, G-Eagles, H-Chargers, I-Buccaneers, J-Redskins

Name the Signals
Baltimore Area Council

Each Den member gets a piece of paper and a pencil when he arrives. The chart of official sports signals (below) is displayed for everyone to see. (Or you could reproduce them on each boy's paper.) The object is to have each person list the meanings of the various signals. Answers can be given at the meeting's end.

Note - This comes out of the Webelos Book. It is a requirement for Sportsman. CD

FOOTBALL



BASEBALL



BASKETBALL



ANSWERS	
1. OFFSIDE	16. FIRST DOWN
2. ILLEGAL PROCEDURE	17. ROUGHING THE KICKER
3. ILLEGAL MOTION	18. STRIKE
4. INCOMPLETE PASS - PENALTY DECLINED - NO PLAY - NO SCORE	19. BALL
5. ILLEGAL SHIFT	20. OUT
6. ILLEGAL RETURN	21. SAFE
7. DELAY OF GAME	22. TIME OUT
8. TOUCHDOWN OR FIELD GOAL	23. TIME IN
9. CLIPPING	24a. FAIR BALL (POINTS TOWARD OUTFIELD)
10. ILLEGAL USE OF HANDS (HOLDING)	24b. FOUL BALL (POINTS TOWARD INFIELD)
11. ILLEGAL FORWARD PASS	25. PERSONAL FOUL
12. TIME OUT	26. TECHNICAL FOUL
13. PASS INTERFERENCE	27. PUSHING-CHARGING
14. INELIGIBLE RECEIVER DOWNFIELD	28. ILLEGAL USE OF HANDS
15. START THE CLOCK	29. CANCEL SCORE
	30. HOLDING
	31. ILLEGAL DRIBBLE
	32. TRAVELING
	33. PLAYER CONTROL FOUL

OPENING CEREMONIES

Hoop De Doo! Opening

Alice, Golden Empire Council

Materials: Nine posters, each with a letter that spells out Hoop De Doo! Text can be written on the back in large letters for boys to read.

Note: You could have Cub scouts draw pictures or use the images here as the background and add the right letter on top of the image as needed. But you can also just emphasize the “O” shape on some of these images with a colored marker.

Narrator: This month we have been learning about all kinds of hoops – here’s what we discovered.



Cub #1: (Holds up “H” poster) “Hoops are Everywhere – in all sizes and colors, used many different ways.”



Cub #2: (Holds up “O” poster) “OH, wow – here’s my favorite – a Basketball Hoop. As a sport, it dates to 1891 at a YMCA training school in Massachusetts.”



Cub #3: (Holds up another “O” poster) OUR American kids and adults have really enjoyed the Wham-O Company creation of the Hula Hoop!



Cub #4: (Holds up the “P”)

PLAYING with Bubbles is a lot more fun with a Hoop! Several American companies began to market bubbles in the 1940’s.



Cub #5: (Holds up the “D” poster)

DANCING with many hoops is a tradition in some Native American cultures – an exciting way to tell a story!



Cub #6: (Holds up the “E” poster)

EVEN Fishermen sometimes use a hoop – along the Mississippi, a hoop net is used to catch fish for dinner!



Cub #7: (Holds up “D” poster)

DREAM CATCHERS made by some Native American tribes were believed to catch and trap evil nightmares – and today many people enjoy them for their beauty.



Cub #8 – (Holds up an “O” Poster) “Here’s my favorite hoop of all time – a chocolate doughnut with sprinkles!”



Cub #9 – (Holds up final “O” poster)

And where would we be without this Hoop? Cars and bikes and wheelbarrows and roller skates would be dead in their tracks!

Narrator: So what do you boys have to say about these American Hoops?

ALL boys: Hoop De Doo!

Narrator: The boys have shown you some favorite symbols of our American culture. Please prepare now to honor a very special symbol – The Stars & Stripes – our American Flag.

(Flag Ceremony begins)

Alice's Crossword Answers

Across	Down
1 - Doughnut	2 - Hoop Net
5 - Ring	3 - Hula Hoop
6 - Basketball	4 - Dreamcatcher

My Favorite Sport*Utah National Parks Council***Set Up:** Boys may be dressed in appropriate sports outfits.

Cubmaster (CM) or Den Chief (DC) at end.

Note - Each Cub has a rhyming couplet (2 line poem) to say**Cub #1:** Baseball is the game for me;
mitts and gum and batting tees.**Cub #2:** Soccer to me is really neat;
shin guards, goals and wearing my cleats.**Cub #3:** Football is a game renown;
kickoffs, field goals and the touchdown.**Cub #4:** Now Basketball most definitely has it;
dribbling, guarding and sinking that basket.**Cub #5:** Volleyball is what I like;
serving, rotating, and doing the spike.**Cub #6:** Tennis is a game for all;
serving, faults and very close calls.**Cub #7:** Golfing on the course is fun;
especially a stroke that's a hole-in-one.**ALL** The games we play have two things we can brag,
good sportsmanship and our pledge to the flag.**CM/DC** Please stand for the Pledge of Allegiance.
Attention. Salute. "I pledge--

Everyone (Cub Scouts, parents, siblings, relatives, Boy Scouts, Charter Org Reps, Committee Members, visiting dignitaries) rises, stands correctly (at attention, officially. I settle for straight, hands out of pockets, feet together, eyes on the flag) and recites the Pledge of Allegiance. CD

Note - You can have the American Flag by itself (unfolded and held open by a den of Cubs) or it can be in position at the front of the room as you normally display it (either hung on the wall or on a pole).

Sportsmanship*Utah National Parks Council***PROPS:** Thirteen large cards, with the letters S, P, O, R, T, S, M, A, N, S, H, I, and P. Cubs may add appropriate picture with the letter. Narration on the back in LARGE type..

Cubmaster: As Scouts, we often play games and participate in sports activities. Most of us play every game to win. Sometimes we do and sometimes we don't. What's really important, win or lose, is how well we do both. Tonight the Scouts from Den/s X, Y, and Z (as many Dens as needed to get thirteen boys) have a message for us about the games we are going to play.

Cub #1: S - Smile, even if you hurt inside.**Cub #2:** P - Pardon those parents who show poor manners.**Cub #3:** O - Ooze with enthusiasm for your fellow Scouts.**Cub #4:** R - Respect the feelings of other Cub Scouts.**Cub #5:** T - Try your best and be your best.**Cub #6:** S - Satisfaction guaranteed.**Cub #7:** M - Master the art of self control.**Cub #8:** A - Anger has no place in our meeting.**Cub #9:** N - Notice that only one can win.**Cub #10:** S - Success will be yours if you do your best.**Cub #11:** H - Hush those words of bragging.**Cub #12:** I - Insert your "congratulations" to the winner.**Cub #13:** P - Play the game for fun!**Pumped Up***Catalina Council***Props:** A partially deflated basketball and a hand pump with needle.

The Cubmaster calls one scout to come forward and asks him to demonstrate how to dribble the ball. Being deflated, it won't bounce well.

Then the CM calls forward another scout and has the two scouts use the pump to inflate the ball. They both show how well it bounces after being inflated.

CM: That's much better! Now that these Scouts have finished their work, we can play a game. There's a lesson here for all of us. Our bodies are like that ball. If we are not physically fit and pumped up with energy, we can't be ready for anything – not for play, for school, or for work. Like the ball that doesn't have enough air, you don't have the strength or energy to do what you want. Let's all remember to keep our bodies and our minds pumped up so that we're ready for whatever life brings our way.

Building a Healthy Attitude*Catalina Council*

Have seven boys come on stage carrying various kinds of muscle building equipment. They use the equipment and in turn speak these lines:

Cub #1: To keep your body strong and healthy is more valuable than being wealthy.**Cub #2:** When you are fit, you feel good and try to do the things you should.**Cub #3:** It helps to lend a helping hand to needy folks around our land.**Cub #4:** Eating the right foods is always wise, and we all need some exercise.**Cub #5:** Stand on tiptoes, one, two, three, touch your toes and don't bend a knee.**Cub #6:** Run a while, then slow your pace, practice will help you win the race.**Cub #7:** Scouting builds young boys into men. This is where it all begins.**The Sportsman's Creed***Baltimore Area Council***Scouts repeat: The Player...**

- ♫ Lives clean and plays hard.
He plays for the love of the game.
- ♫ Wins without boasting,
he loses without excuses, and he never quits.
- ♫ Respects officials and
accepts their decisions without question.
- ♫ Never forgets that he represents his Den and Pack.

The Cubmaster says: The Coach...

- ☞ Inspires in the boys a love for the game and the desire to win.
- ☞ Teaches them that it is better to lose fairly than to win unfairly.
- ☞ Leads players and spectators to respect others by setting them a good example.
- ☞ Is the type of adult he wants his boys to be.

The Den Leaders repeat: The official...

- ☞ Knows the rules.
- ☞ Is fair and firm in all decisions. (S)He calls them as (s)he sees them.
- ☞ Treats everyone courteously and demands the same treatment for (her)himself.
- ☞ Knows the game is for the boys, and lets them have the spotlight.

Parents repeat: The spectators...

- ☞ Never boo a player or official
- ☞ Appreciate a good play, no matter who makes it.
- ☞ Know the Pack gets the blame or the praise for their conduct.
- ☞ Recognize the need for more sportsmen and fewer "sports".

Summer Opening

Baltimore Area Council

Have each boy read his part while holding an item or items that would be used in each of the summer activities. Narrator is also a Cub Scout.

Narrator: What would of happened if our Cubmaster and Den Leaders had decided they didn't want any Cub Scouting this summer?

Read only those that apply to your Pack -

Add activities that your pack did that are not listed.

- Cub #1:** We wouldn't have had our Softball League.
- Cub #2:** Day Camp would have been just a dream.
- Cub #3:** Our families would have missed the fun of our Picnic.
- Cub #4:** We wouldn't have met with other Packs for the Olym- Packs.
- Cub #5:** The fathers probably would not have gone camping with us at the Webelos Overnighter.
- Cub #6:** We wouldn't have marched in our city's Fourth of July Parade.

Narrator: As you can see, it would have been a pretty dull summer if they had decided to take the summer off. Let's give a big cheer for our Leaders and parents who have cared enough to give us Cub Scouting during the summer.

AUDIENCE PARTICIPATIONS & STORIES

The Masters of Audience Participation – The Harlem Globetrotters!

Alice, Golden Empire Council

Go to

<http://www.harlemglobetrotters.com/photos/videos/> or check out a video to share with your pack!

Madlibs

Baltimore Area Council

Give every boy a copy of the list below and have him fill in the types of words required. Parents may help them understand what types of speech are required. Later in the Pack meeting, read the following story. When you reach a number, point to a boy and have him read his answer for that particular number. Have extra copies of the story to hand out to the boys at the end of the evening, so they can see how their whole list of words completed this silly story.

1. (name)	14. (body part)
2. (adjective)	15. (past tense verb)
3. (name)	16. (past tense verb)
4. (noun)	17. (verb ending in -ing)
5. (adjective)	18. (body part)
6. (past tense verb)	19. (verb ending in -ing)
7. (clothing)	20. (number)
8. (verb ending in -ing)	21. (adjective)
9. (past tense verb)	22. (adverb)
10. (noun)	23. (adjective)
11. (clothing)	24. (noun)
12. (verb ending in -ing)	25. (name)
13. (animal)	26. (adjective)

The Most Embarrassing Day to Play Basketball

Hi, my name is (1) _____, but you may call me (2) _____ (3) _____. That's what my (4) _____ calls me. But anyway, would you promise to keep a (5) _____ secret? Today, at basketball practice as I was trying to dribble the ball, it (6) _____ into my (7) _____. I was very embarrassed to take it out because everyone was (8) _____ at me. When I (9) _____ a few times trying to pass the ball, I got a (10) _____ in my (11) _____. Now everyone was (12) _____ at me really hard. The next time I tried to get a rebound, a (13) _____ landed on my (14) _____ and I couldn't concentrate on catching the ball. When it was my turn for free throws, I (15) _____ the backboard in half! The coach was so (16) _____ that he was (17) _____ on my (18) _____. I was really embarrassed now, especially since everyone was

(19) _____ at me. I also had to pay the coach (20) _____ dollars for a new backboard. The (21) _____ coach made me leave early since I was doing so (22) _____. Now people call me (23) _____ (24) _____ (25) _____. Just remember it's a (26) _____ secret!!!!

LEADER RECOGNITION

Have a Fun Recognition Time

Sam Houston Area Council

At your spring Picnic it would be great to recognize those that carried you pack this year. The following suggestions can be used on any of the above types of awards or mix-and-match. Remember, be creative!

- ⌘ Advancement Chairman - Mini-ladder on a base.
- ⌘ Summertime Pack Activities Chairman - A plaster sun.
- ⌘ Thanks to Leaders - Use the emblem patch of leadership.
- ⌘ Committee Chairman Gavel - Make a gavel out of wooden building toys. Use a hot glue gun to connect the parts. Spray paint gold. Add a message along the handle.
- ⌘ Scouting for Food Chairman - Miniature bag of groceries or food items.
- ⌘ Puzzles Pieces - For leaders who know how to solve problems.
- ⌘ On the Ball Award - A plastic foam ball with a chenille stem Cub Scout on top for the energetic person who has it all together.
- ⌘ Big Heart Award - Stuffed heart, plastic heart, wooden or card-board cut-out heart for someone helping "In the Line of Duty."
- ⌘ Life Saver Award - Roll of candy for someone who has assisted with a problem or supplied materials at no cost.
- ⌘ Go For Award - Small model car for the person who picks up awards or runs errands.
- ⌘ Big Stone Award - A big stone spray painted silver and message on underside saying, because you leave no stone unturned, and a "Thank You" perhaps on the front side.
- ⌘ Golden Penny Award - For the treasurer or money-earning project chair, use a large plastic coin from toy store, spray paint gold, and mount on plaque or hang on a ribbon.
- ⌘ Backbone Award - A dried turkey bone spray painted and glued to plaque or hung on ribbon for "You are the "Backbone of Pack ____" or whatever.
- ⌘ Sunglasses Award - An old pair inscribed "Thanks for Seeing Your Way Clear to Help" for whatever activity.
- ⌘ Roll of Tape Award - For the person who has stuck with it no matter what.
- ⌘ Top Banana Award - Plastic or eraser banana or sticker for the person who is in charge.
- ⌘ Helping Hand Award - Can be made as the outline of a boy's hand on any material or a hand-shaped cookie cutter or a salt dough cutout of a hand mounted on a plaque. It could also be a back scratcher in the shape of a hand. This award can be for anyone who helps.
- ⌘ Good Egg Award - A piece of white felt and cut a yolk from yellow felt for someone who always helps out or is especially good at certain projects. If a couple, make it a double yolk egg.

- ⌘ Bounce Award - A fabric softener box for leaders. It will give them bounce and help soften their hearts.
- ⌘ Santa's Helper Award - Use a plain glass ornament and print your message with paint pens or permanent markers to thank Christmas party helpers or as a special thank you at Christmas time.
- ⌘ Handyman Helper Award - A small saw or hammer to say thank you to someone who has helped by building or fixing something or cutting out materials, etc.
- ⌘ Star Award - For someone who really shines at a job.
- ⌘ Time Well Spent Award - Use a plastic watch, a penny and the inscription "Thanks for Your Time Well Spent!"

ADVANCEMENT CEREMONIES

** Note: There's a great Baseball advancement ceremony in: Cub Scout Ceremonies for Dens and Packs*

Awards Announcer

Utah National Parks Council

This awards ceremony is intended to resemble a sports announcer. To any and all sports announcers out there, my sincerest apologies!

CUBMASTER: Ladies and gentlemen, welcome to the Pack XX Sports Extravaganza! I will be your sports announcer tonight, live from Radio CUBS. This is it — the night you've been waiting for. That four-event, program of programs, that brings together the best of the best. And so we begin.

Bobcat

Our first competition matches the skills and requirements of the Bobcat rank against those determined young men who will stop at nothing to become Cub Scouts. Would our players please come forward with their coaches? (Call forward the Bobcat recipients and their parents.)

Sports fans young and old, let me tell you the score. These players have done it all. They've shot and scored three points for learning the Cub Scout Promise, the Law of the Pack, and the Cub Scout Motto. Their triple play came when they learned the Scout sign, handshake, and salute. Finally, not to be stopped, they ran the hurdles learning the meaning of Webelos and worked through the Parents' Handbooks with their folks. It is truly a great evening—no doubt about it! We realize these great athletes wouldn't have made it without the untiring support of their coaches, so in the tradition of good sportsmanship and good Scouting, we ask your parents/coaches to award you your Bobcat badges. (Offer a suitable applause and have them return to their seats.)

Tigers

Next on the court, ladies and gentlemen, are the Tiger Cubs and their Adult partners. They have been out there prowling around the neighborhood, communicating, looking for good nutrition, and checking the weather with their Adult partners. Tonight we see that their requirement count is up to 15 and their Achievement count is at 5. (Call forward Tiger recipients and their parents.)

These teams of tiger Cubs and Adult Partners, have done everything they were asked. Completing the 15 requirements, a family activity, a den activity, and a go see it activity for each of the 5 Achievements. Before we present these coveted awards—let's get a word from their coaches. (Ask parents (adult partners) about the boys' accomplishments. This gives them a chance to brag a little about their sons and lets the boys know how proud their parents really are of them.) Coaches, we ask you to award your sons their badges. (Offer a suitable applause and have them return to their seats.)

Wolf

The fun and games continue, ladies and gentlemen, with our next team—the Wolf Cub Scouts. Tonight's game features XXX Cubs whose RIB counts are way up there (RIB, for those of you who don't know, stands for Requirements In the Bag). (Call forward Wolf recipients and their parents.)

These fellas have made some really great shots. They have completed the requirements for their advancement, encompassing 12 different activity areas. Before we award these MVP awards— that's Mighty Valuable People awards— let's get a word from their coaches. (Ask parents about the boys' accomplishments. This gives them a chance to brag a little about their sons and lets the boys know how proud their parents really are of them.) Coaches, again we ask you to award your sons their badges. (Offer a suitable applause and have them return to their seats.)

Bear

From the B-ball stat sheets, that's the Bear Baloo's status sheets, we have some more scores to announce. The Bears have again won, beating the competition "paws down." Tonight we will recognize some of the key players on the team. (Call forward the Bear recipients and their parents.)

This team has been working on its game since the start of the season and it really shows. With no penalties or free throws, these players have won themselves the recognition they deserve for completing the requirements for the Bear rank. The Coaches are standing by to comment. (Again, ask for some parents' feedback.)

So there you have it, folks, this looks to be another winning season lining up for the Bear Scouts. (Offer a suitable applause and have them return to their seats.)

Webelos

And finally, we have our Webelos Scouts who are clearly at the peak of their game. Over the past month the Webelos have racked up more Activity Badges than in any other season on record. (Call off boys' names and their Activity Badge awards. Have them come forward to receive them.) If this type of success continues throughout the playing year, we look for some great things out of our Webelos players. (Offer a suitable applause and have them return to their seats.)

One final acknowledgement for the Webelos team: Tonight we recognize our Webelos MVPs who have been working on their game for quite some time. (Call forward the Webelos badge recipients and their parents.)

When a player works so hard on his game and makes sure he does it right, he can't help but be recognized as an MVP. So

it is with our Webelos Scouts who have completed their requirements for the Webelos rank. We know the coaches have been working with the players to reach their goals and to be the best they can be. Maybe we can get some game strategy tips from them. (One more time, take it to the parents for some personal accolades.)

At this time we award these Webelos Scouts the Webelos Badge. Parents/coaches, please award these to your sons. (Offer a suitable applause and have them return to their seats.)

Basketball Advancement

Alice, Golden Empire Council



- Enlarge silhouettes of basketball players and put randomly on the wall.
- Make the basketballs out of brown paper, hide the awards or a list of awards behind each ball, and put a number or name on each one.
- When you get ready to give out awards, call each boy up by describing a play: "John David, is advancing down the court – looks like no one can catch him now" John, come forward with your parents, and let's check out that move. (Remove the ball and give the award to the parent to hand over to their son while you describe what was required – the boy can then give the parent pin)
- You might choose silhouettes that represent holding the ball, then beginning the move down court (Tiger & Wolf), etc. with the slam dunk representing the Arrow of Light. Use basketball terms, such as Three-Pointer to describe earning a Webelos Activity pin or Compass point.
- **Alternate:** Make actual silhouettes of each boy on large roll of paper as each boy takes a "pose" while lying on the floor. Then add a basketball to each pose when you mount the players on the wall.

Hula Hoop Advancement

Alice, Golden Empire Council

Attach each boy's awards in a baggie to a hula hoop before hand. As you call each boy up, roll a hula hoop to him. Let the parents remove the awards while you explain what each boy has earned during the month.

***There is a good idea here, but implementation is critical.
I would not do this for rank awards!!
See "Are You A 'Ziploc Pack?' " CD***

http://scouting.argentive.com/docs/award_ideas.pdf

Scoreboard Advancement Ceremony
Baltimore Area Council

Personnel:

Cubmaster (CM), Den Leaders (DL), advancing boys and their parents

Props:

Scoreboard and cutouts of running figures, invisible tape, straight pins, badges.

Make a scoreboard of poster paper and write in the name of the advancing boys.



Use grid methods to draw the figure to size you want; then cut out as many figures as you need.



Ceremony

Call forward advancing Scouts and their parents.

Line up the boys on either side of the scoreboard with the parents behind them.

CM: You know, boys, Cub Scouting is a lot like sports. It's fun, it's full of physical activities, and you can win – or lose. In Cub Scouting you win by growing strong in mind and body, and by advancing in rank. Or you can lose by not joining in our Den and Pack activities and by not doing your best to pass achievements and electives.

CA: You boys have all been winners this month. You have advanced in rank or earned arrow points, or both. Your coaches have been your Den leaders and your parents. In Cub Scouting, we could not get along without coaches. So I want to congratulate all of you, boys and parents. Now I'll ask each boy to show his progress on our scoreboard by putting on the scoreboard a marker for each rank you have earned and have your parents pin on your new rank badge. (In turn, advancing the boy's tape on a runner for each rank he has earned and removing his new badge for the parents to pin on to his uniform.)

CM *Lead Cheer for each rank or den or group or ...*

WL We also have a boy who has earned the Arrow of Light. Cub Scouting's highest award. (Call him forward with his parents.) _____ has shown that he is ready for Boy Scouting by earning the Arrow of Light. He has met the requirements for this award. He is in the ninth inning of his time in our Pack. We are all proud of him and the way he has progressed in the sport of Cub Scouting. Now _____, will you please fill your ranks on our scoreboard and have you parents pin your Arrow of Light badge on your uniform? (They do so.)

CA *Lead cheer for the Arrow of Light*

CM I hope that every member of the Pack gets on the scoreboard in the coming year. It is a good way to be a winner in Cub Scouting. The last cheer for all our advancing Scouts ...

Cub Scout Baseball Advancement

Southern NJ Council

Props: A small baseball diamond on the floor in front of audience and the badges to be awarded.

Personnel: Cubmaster (CM), boys to receive awards and their parents.

CM: Will (names), our new **Bobcats** and their parents please come forward to the on deck circle. As you are standing on the on deck circle you are at the beginning of the game, just as you are at the beginning of the Cub Scout trail. Parents accept your sons' badges. Please sew them on promptly.

CM: Will our **Tiger** candidates and their Adult Partners please come to home plate. This is your first at bat in Cub Scouting and you have scored a hit completing all 15 requirements for the 5 Achievements. Keep practicing and you will keep advancing. Parents please accept your sons' badges. Now you may each present your son with his badge. **LEAD CHEER.**

CM: Will (names), our **Wolf** candidates and their parents please come forward. Stand on first base. This represents the first stop on your Cub Scout trail. You worked hard on earning your Wolf, so keep up the good work. Parents please accept your sons' badges. Now you may each present your son with his badge. **LEAD CHEER.**

CM: Will (names), our **Bear** candidates and their parents please come forward. Your place on our diamond is at second base. This is the second major stop along the Cub Scout trail. Parents please accept your sons' badges. Now you may each present your son with his badge. **LEAD CHEER.**

CM: Will (names), the **Webelos** and their parents please come forward: Your spot is third base. You are almost home. Keep up the good work and; you will have no problem in finishing your trail. To score and complete the game you need to receive your Arrow of Light. Work hard and you should have no problem. Parents please accept your sons' badges. Now you may each present your son with his badge. **LEAD CHEER.**

"The Athlete Advancement Ceremony"*Southern NJ Council*

Props: Cubmaster (CM) can select any sport and use appropriate equipment as props throughout this ceremony.

The first thing an athlete learns is the basic rules of his chosen sport. When a Cub first enters the Pack, he learns the **Bobcat** Trail which gives him the fast knowledge he must know to move up the Cub Scout Path. Will the following boys and their parents please come forward: (Present Bobcat Awards.)

After learning the basic rules, an athlete starts working with a coach to learn the skills, just as our **Tigers** work with their Adult Partners to complete their Requirements, Achievements, and Electives. Call up Tigers and Adult Partners to receive their awards. (Present Tiger awards to partners to present to Tigers. LEAD CHEER)

When a boy has learned the basics of his game, he then begins to practice the skills needed to play. He becomes familiar with the sports equipment. Our **Wolves** have worked on achievements and arrow points as they continue to develop their Cub Scout skills. Will the following Wolves and their parents please come forward. (Present Wolf Awards to parents to present to Wolves. LEAD CHEER)

The athlete is now ready to concentrate on improving their athletic skills. Our **Bears** are like the athlete who increases his knowledge to become more proficient in his game. Will the following Bears and their parents please come forward. (Present Bear Awards to parents to present to Bears. LEAD CHEER.)

Once the rules have been well learned and the skills have been mastered, the athlete is now ready to advance to a higher level of skill which involves the mental strategy used to fine tune their playing skills. Both physical and mental skills are part of the learning experience of the boys in the **Webelos** rank. Will the following Webelos and their parents please come forward. (Present Webelos Awards to parents to present to Webelos Scouts. LEAD CHEER.)

As our ceremony concludes, we recognize the progress our Cubs have made this past month. The athlete who is dedicated to his sport recognizes the many abilities he has developed within himself. He is knowledgeable of the basic rules and he is dedicated to the practices which develop his ability. The mature athlete has become confident in his ability to play the game, and becomes a leader who shares his knowledge and skill with others on this team. All these traits belong to the boys in our Pack as we see them progress from month to month and year to year. We are proud of these boys and the leaders who guide them along the Cub Scout Trail. **One more CHEER.**

SONGS**Hula Hoop Song***Alice, Golden Empire Council*

Tune: Row, Row, Row Your Boat

Twist, twist, twist and turn
Make your hoop go round
If you stop to take a breath
Your hoop will hit the ground.

Dream Catcher Song*Alice, Golden Empire Council*

Tune: "My Bonnie Lies Over the Ocean"

I'm going to make a Dream Catcher.
I'm going to weave it just right.
I'm going to add some bird feathers
And beads to make it so bright.

CHORUS

Dream Catcher, Dream Catcher
Catch my dreams that are bad.
Dream Catcher, Dream Catcher
Bring me dreams that are glad!

I'm going to hang my Dream Catcher
Over my bed tonight,
So I will have only sweet dreams
Until the morning is light.

CHORUS**THE GRAND OLD BASEBALL COACH***Utah National Parks Council*

To the tune of 'The Grand Old Duke of York'

The grand old baseball coach,
He has nine brawny men,
He runs them up the baseball paths,
And he runs them down again.
And when they're up, they're up.
And when they're down, they're down.
And when they're only halfway up
They're neither up nor down.

*Use this one to get people moving —
stand on the word 'Up' and sit on the word 'Down.'*

The Grand Old Basketball Coach*Catalina Council*

(Tune: The Grand Old Duke of York)

I think Catalina redid the baseball one for this theme!! CD

The grand old basketball coach,
He has five scrawny men,
He runs them up the court
And he runs them down again.
And when they're up, they're up.
And when they're down, they're down.
And when they're only halfway up
They're neither up nor down.

ROTTEN REEBOKS*Utah National Parks Council*

Tune - Clementine

Rotten Reeboks, dirty sweat socks,
Generating toxic fumes,
I've seen flies dead, struck in mid-air
Fatal venture to his room.

In my brother's bedroom closet
Stinkarooning like refuse,
Dwelt a size 10 pair of sneakers
With a smell you couldn't lose.

Aging Converse, in a corner
Turning the air a bluish green,
Hope the county doesn't visit
They'd condemn us sight unseen.

I've tried bug balm, lemon air scent
Even spray that smells like pine,
Must be something that can cut it
Something strong like... turpentine.

Even Weirdo, crazy mutt dog
Who has breath you can't adore,
Makes a wide turn, cuz his eyes burn
Every time he nears the door.

'What's the big deal?' asks ol' big foot
None of his friends have noticed it.
Hard to think that he can't smell it
Shaking heads from 'cross the floor.

'Not to worry,' says my father
'Could be money after all,
'Pentagon might pay a bundle
'For the secret to it all!'

A Stretching We Will Go*Catalina Council*

(Tune: A Hunting We Will Go)

(Duke of York uses same tune!!)

A stretching we will go,
Moving to and fro.
And when we're done
We've had some fun
And stretched our muscles too.

Come on folks let's stand
And raise up high each hand
Then spread them wide,
Now to your side
As your muscles you relax
Now let us stomp our feet,
But please don't take your seat,
Before you're down,
Please turn around.
And then you'll take your seat.

The Athlete*Baltimore Area Council*

(Tune: My Bonnie)

They gave me a suit and a number,
And sent me out on the field.
They gave me a ball called the pigskin,
And shoes with some cleats, toe and heel.

Chorus:

Muscles, and cramps,
wracking my body with pain, with pain,
I stand, wondering,
If ever I'll do this again !
Next time they gave me a racquet,
Then sent me out on the court
Funny the things you encounter,
While trying to learn a new sport.

Chorus:

The ordeal was finally over,
At least, that's what I thought.
When they shoved me the soccer equipment,
I fainted dead on the spot !

Chorus:**Cub Scout Sports Song***Baltimore Area Council*

(Tune: My Bonnie)

My baseball went over the fence
My arrows are broken to bits
My volleyball been deflated
After riding a horse I can't sit

Chorus:

Belt loops, belt loops,
I'll earn my sports pin today, today.
Belt loops, belt loops;
My letter is not far away
My bicycle has a flat tire
My boomerang just won't return.
They say that I've lost all my marbles
And I still haven't gotten my turn.

Chorus:

My dog ate my ping pong paddle.
My badminton birdie has flown.
I sprained my right ankle while jogging
And was stranded ten mile's from home.

Chorus:

They say that Cub Scout sports are fun.
Some day I would like to know.
I've been wandering around for an hour
Just waiting for my Den to show.

Fitness*Catalina Council*

(Tune: On Wisconsin)

Hurry Cub Scouts, build your muscles,
Get in shape for play.
When we feel our very best,
We'll do our best each day.

Keep on running keep on jumping.
Trying to improve
When we've grown little older
We'll still be on the move

Sports Song

Catalina Council
(Tune: Frere Jacques)

Baseball, Soccer
Baseball, Soccer
Tennis too!
Tennis too!
They are games we play
Almost every day
Will you play too?
Will you play too?

STUNTS AND APPLAUSES

APPLAUSES & CHEERS

Cub Scout Yell

Catalina Council
Do Your Best!
Shout! Shout! Shout!
Tiger Cub! Wolf Cub!
Bear Cub!
Webelos Scout!

Utah National Parks Council

Home Run Applause: Pretend to swing a bat, shade your eyes with your hand and yell 'Over the fence!'

Pole Vault Applause:

- ☺ Stand two fingers of one hand on your other arm like legs.
- ☺ Run them down the arm to the wrist,
- ☺ When they reach the end of your arm, have them jump into the air.
- ☺ As you bring your hand down, clap.

The Ball Applause:

- ☺ Hold any type of ball in your hands.
- ☺ When you are holding the ball everyone is quiet.
- ☺ When the ball leaves your hands, everyone goes wild and cheers.
- ☺ Try bouncing the ball, faking a throw, tossing it to another person, etc.
- ☺ Everyone must watch to know when to cheer.

Michael Jordan Applause: Pretend to slam dunk a basketball and yell 'Swoosh!'

Golfer's Lament:

- ☺ Practice a big swing with your golf club,
- ☺ Yell out 'Fore!'
- ☺ Then cover head and duck.

Spirit cheer: Divide the group into two sections.

- ★ The first section chants 'We've got spirit, yes we do! We've got spirit, how about you?'
- ★ Then the first section points to the second group
- ★ The second group responds by yelling the chant even louder.
- ★ Repeat two or three times.

Score cheer: S, S - C, S-C-O-R-E (clap,clap)

Alice, Golden Empire Council

Hula Hoop Applause:

As you make the motions, holler three times:
Twist and Turn, Spin it Round
Never Let it Hit the Ground!

The Hoooooap Applause:

Think of the "Wave Applause" – now, starting at one side of the audience, use both arms and hands to sweep to the other side, as the noise gets louder. Start with HOO.....getting gradually louder all the way across the room, hollering the "P" sound just at the end.

Dream Catcher Applause:

Make a circle of both hands above your head, and as you move the "circle" quickly to the side, shout "Caught it – No more Nightmares!"

Bubbles Applause:

Make the motion of scooping your bubbles hoop into the bubbles, then blow loudly through your hoop three times to make a bubble.

RUN-ONS

Utah National Parks Council

1st Cub: Wow, It's a run-home.

2nd Cub: You mean a home run.

1st Cub: No, I mean a run-home. You just hit the ball through that window!!!

(Hey, is that honest? A Scout is Trustworthy...)

1st Cub: Why wasn't Cinderella a good basketball player?

2nd Cub: Why?

1st Cub: Probably because she had a pumpkin for a coach!

1st Cub: How do players keep cool at a basketball game?

2nd Cub: There are lots of fans out there.

Cub: What does a ballplayer do when his eyesight starts going bad?

Dad: He gets a job as an umpire!

(Hey, that's not very nice!)

Cub 1: Is this water healthy for swimming?

Cub 2: Sure, It's well water.

Cub 1: What can be served but never eaten?

Cub 2: I don't know.

Cub 1: A tennis ball.

Cub 3: What can be served but never eaten?

Cub 2: I know, a tennis ball!

Cub 3: Nope, a volleyball.

Cub 4: What can be served but never eaten?

Cub 2: Okay, it's a tennis ball and a volleyball.

Cub 4: And a ping-pong ball!

Cub 1: What do baseball players eat on?

Cub 2: Home plates!

Cub 1: What do you get when you cross an answering machine and a fat football player?

Cub 2: What?

Cub 1: A wide receiver.

Cub 1: What charges did the police bring against the baseball player?

Cub 2: Hit and run!

Cubby: What's the quietest sport in the world?

Den Ldr: I don't know.
Cubby: Bowling. You can hear a pin drop.

Baltimore Area Council

Cub #1: You want to hear something funny? My sister thinks a football coach has four wheels.
Cub #2: Ha! Ha! Ha! Ha! Ha! How many does it have?
Cub #1: Speaking of baseball, I have something here that can run but can't walk.
Cub #2: What is it?
Cub #1: Water.
Dad #1: I hear your son is on the football team. What position does he play?
Dad #2: I think he's one of the drawbacks.
Prof: Class, what has eighteen legs and catches flies?
Student: A baseball team?

JOKES & RIDDLES

Alice, Golden Empire Council

Q: How do they play basketball in Hawaii?
A: With a hula hoop!
Q: What do you do when you see an elephant with a basketball?
A: Get out of the way.
Q: Why are basketball players such messy eaters?
A: They're always dribbling.
Q: Why did the basketball visit the bank?
A: Because his checks were bouncing.
Q: What's the difference between an elephant and a basketball?
A: One is round and charges through nets and the other is a basketball.
Q: Why can't you play basketball in the jungle?
A: Because of the cheetahs
Q: What's the difference between a dog and a basketball player?
A: One drools, one dribbles
Q: What do you call a hula-hoop with a nail in it?
A: A naval destroyer!

Catalina Council

Cub #1: Why was Cinderella thrown off of the team?
Cub #2: She ran away from the ball.
Cub #1: What's the difference between a dog and a basketball player?
Cub #2: One drools, the other dribbles.
Cub #1: Why did the basketball visit the bank?
Cub #2: His checks were all bouncing.
Cub #1: Why are basketball players such messy eaters?
Cub #2: Because they always dribble.
Cub #1: What do baseball players eat on?
Cub #2: Home plates!

Sports Riddles In Rhyme

Baltimore Area Council

Say these and have Scouts guess at the answer
 They can jump in any time they know-
 Think of a diamond,
 Think of a team of nine
 Think of a grandstand filled with fans,
 Willing to stand in line. *(baseball)*
 Two forwards and a center,
 Plus two guards make a team,
 To win this fast exciting game
 Is every player's dream. *(basketball)*
 Eleven players on each team.
 Two halves in which to play
 When a player makes a touchdown.
 There's cheer right away. *(football)*

SKITS

One Step At A Time Skit

Utah National Parks Council



This skit has been in Baloo the last two months and it fits again this month. But you will have to look back in past issues to find it. CD

The Football Game

Baltimore Area Council

A group of boys are discussing a football game. Insert the name of your local high schools or favorite pro teams in the blanks.
Cub #1: I sure hope that the _____ win.
Cub #2: Well, I'm sure that the _____ will win.
Cub #3: Why, the _____ will beat 'em 40 to nothin'.
Cub #4: I can tell you the final score of the game before it starts.
Cub #5: *(or ALL)* Oh yeah? How can you? You're not psychic, are you?
Cub #4: The final score of the game before it starts? It's nothin' to nothin' of course.
(Others chase him off stage.)

Harlem Globetrotters

Baltimore Area Council

Three Scouts are doing laundry. Each is sitting behind a bucket that holds his "laundry". Two of the buckets really have water and a rag or two. All three work at scrubbing and wringing water from their laundry for a few seconds. One sitting on the end shakes the water from his hands getting his neighbor slightly wet. This provokes the Scout in the middle who retaliates with a splash back, escalate in comedic fashion till the one on the end throws a wet rag at the face of the Scout in the middle who ducks. The rag sails on till it smacks the Scout on the far end (previously not involved in the water fight) in the face. The

smack-ee picks up his bucket to dump on the others who take flight into the audience.

The Punch line: When the actors are in the crowd the smack-ee tosses the contents of his bucket in a wide arc over as much of the audience as possible. You can fill the bucket with pieces of newspaper, but in a Scouting setting a bucket full of leaves would work just a well. If the actors have a little talent and practice this can be extremely funny

Slow Motion Ball

Utah National Parks Council

Have your Scouts develop a sports related story and then act it out without words. Here are some ideas for motions to have in your skit.

Pantomime a baseball game in slow motion

- ☺ A ball player striking out with the bases loaded.
- ☺ A ball player hitting a home run over the fence.
- ☺ A catcher catching a high foul ball.
- ☺ A pitcher winding up for the pitch.

Pantomime a basketball game in slow motion

- ☺ A player making a basket from the other end of the court.
- ☺ A player dribbling between his legs.
- ☺ A player missing a foul shot.

Pantomime a football game in slow motion

- ☺ A player making a field goal.
- ☺ A player catching a long pass for a touchdown.
- ☺ A player running for the wrong goal line.

Pantomime a doubles tennis match

- ☺ A bad serve.
- ☺ A short ball and a long ball.
- ☺ Each thought the other would get the ball.
- ☺ The crowd moves their heads back and forth to follow the ball.

CLOSING CEREMONIES

Hoops Through History Closing

Alice, Golden Empire Council

Narrator: This month, we learned that Hoops have been part of our history – and they have changed and improved over time.

Cub #1: (holding a hoop made from a circle of twig) The earliest hoops were made from plants – they represented the circle of life.

Cub #2: (holding a Hoop and Target game) Man also used hoops to learn skills needed for the hunt – the Inuits of Alaska used a round bone to make a target game so they could practice during the long winter.

Cub #3: (Holding a Hula Hoop) Both adults and children have found lots of ways to improve their coordination by using the hoop – and it's really FUN! (Demonstrates the hoop)

Cub #4: (Comes in dribbling a basketball) Every March, some people go a little mad watching a ball like this heading for a hoop.

Cub #5: (Holding a plate of doughnuts) And maybe the best hoop of all is the one you can eat!

Narrator: Well, I bet you would all like to join us in testing some of THOSE hoops – so we will ask you to join us in our closing flag and a blessing on the food.

Cubmaster's Minutes

Hold Steadfast

Utah National Parks Council

Preparation: Cubs stand in square formation around the American flag which is posted in the center of room.

Boys, did you ever think what makes up our country's flag? Yes, there are stripes, a patch of blue, and some five pointed stars, but they are just pieces of cloth.

However, when the thirteen stripes of alternating red and white representing the thirteen original colonies, are put together and the field of blue is in place with the stars, securely held together by millions of stitches, then we no longer have a piece of cloth and patches, but the flag of the United States of America. The emblem of our country.

You know, I like to think that all those stitches represent "We the people..." , that each and every one of us is represented in the flag by a stitch holding steadfast together as long as we are strong, and do our best to be good American citizens.

All of you have seen what happens when stitches fail to hold. The flag would fall apart or ravel. That is exactly what can happen to our country if we, the citizens, do not hold steadfast to do our best. Our freedom or rights as citizens can be lost. Today and everyday, let's show by our actions that we are worthy to be citizens of this great land America.

Sportsmanship

Utah National Parks Council

We hear a lot of talk about being a good sport, but just what does it mean? A good sport learns the rules so he will not violate them. He competes with all his heart striving to outclass his competitors. If he wins, he doesn't act smug but instead compliments the losers for the fine showing they made. If he loses, he should accept the fact and find out why. Maybe he can win the next time.

A sportsman accepts defeat, congratulates the winners, studies how to improve, and determines to do better the next time.

Hoops and the Circle of Life

Alice, Golden Empire Council

You can find a lot of good lessons in a hoop – it's a circle, with no end and no beginning. Families are like that, and good friendships can be too. Also, a hoop can be used to indicate an area you want to focus on – like the circle on a target – but we need to make sure we are focusing on a good target or goal. Or the hoop can represent the open-ended potential of each boy to learn and change, to achieve and adapt. When the basketball goes in the net, it isn't held there, but can continue on, moving across time and space, bouncing back and upwards. Let's make sure we use the hoop in ways that will help each scout achieve everything he has the potential to achieve!

Deflated Ball*Utah National Parks Council****Catalina Council says this makes a great Opening ceremony!*****Props:** A partially deflated basketball, soccer ball, or volleyball; a hand pump with needle.

The Cubmaster calls one Scout to come forward and asks him to demonstrate how to dribble the ball. Being deflated, it won't bounce well. He then calls forward another Scout and has the two scouts use the pump to inflate the ball. Have them both show how well it bounces after being inflated.

Cubmaster: That's much better! Now that these Scouts have finished their work, we can play a game. There's a lesson here for all of us. Our bodies are like that ball. If we are not physically fit and pumped up with energy, we can't be ready for anything - not for play, for school, or for work.

Like the ball that doesn't have enough air, you don't have the strength or energy to do what you want. Let's all remember to keep your bodies and our minds pumped up so that we're ready for whatever life brings our way.

Winning Isn't Everything*Catalina Council*

Some years ago a hard-nosed coach said, "Winning isn't everything, but it sure beats whatever's second."

There's some truth in that. Everyone likes to win. Very few people enjoy losing. The trouble is that in every type of competition, there must be losers as well as winners. It's also true in life. You and every other human being find that sometimes you have to be a loser. Perhaps your sports team loses a game on an unlucky break. Or maybe you work hard in school but get low grades. Some people might say you're a loser.

Maybe, so. But you don't have to stay a loser. The real difference between winners and losers is that a loss makes some people more determined to do better next time. In the long run they are the winners because they learn to profit by their defeats and mistakes.

No, winning isn't everything. We can learn from losses, too.

Sportsmanship*Baltimore Area Council*

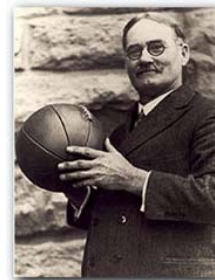
In 1940, an underdog Dartmouth football team played powerful Cornell, which needed only one more victory for a perfect season and a number-one ranking in the country.

Trailing 3-0 Cornell scored a controversial touchdown that the Dartmouth players insisted was made on an extra 'fifth down.' However, the referee counted the touchdown, and Cornell won 7-3.

But after the game, Cornell officials watched the game on film and saw that, indeed their team had been allowed and extra play. They immediately sent a telegram to Dartmouth stating that they could not accept the victory. It went into the record book as 3-0 victory for Dartmouth.

That little story tells us what sportsmanship really is. It is the desire to play hard and to win - but to win fairly - and if you lose, to accept defeat with good grace. Let's remember that during our Cub Scout games and throughout our lives.

Also remember, that to be a good sport you have to lose to prove it.

THEME RELATED STUFF**The History of Basketball***Catalina Council*

Basketball was invented in December 1891 by the Canadian-American clergyman, educator, and physician James Naismith, then an instructor at the Young Men's Christian Association Training School (now Springfield College) in Springfield, Massachusetts.

Naismith formulated the game on the request of his superior, Dr. Luther H. Gulick (1865-1918), that he organize a vigorous recreation suitable for indoor winter play. The game used elements of football, soccer, and hockey, and the first ball used was a soccer ball. Teams had nine players, and the goals were wooden peach baskets affixed to the walls. By 1897-1898, teams of five had become standard. The game rapidly spread nation-wide and to Canada and other parts of the world, played by both women and men, it also became a popular informal outdoor game. U.S. servicemen in World War II popularized the sport in many other countries.

Many U.S. colleges adopted the game between about 1893 and 1895. In 1934, college games were staged in New York City's Madison Square Garden for the first time, and college basketball began to attract much interest. By the 1950's it had become a major college sport, thus paving the way for a growth of interest in professional basketball. The first pro basketball league, the National League, was formed in 1898 to protect players from exploitation and to promote a less rough game. One of the first and greatest pro teams was the Original Celtics, organized about 1915 in New York City.

They played as many as 150 games a season and dominated basketball in the 1920s. The Harlem Globetrotters, an exhibition team, were founded in 1927 and achieved wide popularity for their amusing court antics and expert ball handling. By the 1960s pro teams from coast to coast played before crowds of millions annually. Since the 1980s the NBA has become one of the most popular sports organizations in the world, in part because of the marketability of a number of high-profile star players, most notably Michael Jordan.

Adapted from:

<http://www.history.com/content/basketball/the-history-of-basketball>

Native American Hoops

Alice, Golden Empire Council

The hoop represents the never-ending circle of life, and is used in several ways in many Native American cultures. As an image, it appears on pottery, in weaving and even in sand painting. There are some ways unique to Native Americans that feature the hoop: hoop dancing, the making of dream catchers, and games of skill involving hoops. Each of these customs began with particular tribes but have spread to be represented in almost every culture.



Hoop Dancing:

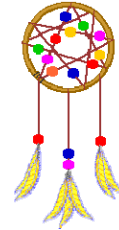
Native Americans have long used hoops, as few as one or as many as thirty, to create shapes or forms representing animals or other objects as part of a story dance. Images dating from the 1400's show hoop dances. Like language and other customs, the hoop dance was once forbidden – but native cultures were preserved by individuals and in the 1930's Tony White Cloud began to perform dances in public.

The hoops are usually very small, only one to two and a half feet in diameter. They are made to interlock as the dancer moves, so they can extend out from the body to represent tails and wings or other shapes from the story. While growing up in Arizona, even a young Apache friend of mine who was only about 10 had already learned to dance the Eagle dance. At that time, only boys were taught the hoop dance, but in more recent times, girls are sometimes also taught. The feet and body usually move very fast, and the hoops are changing shape at the same time. The Hoop dance is often part of PowWows or important gatherings, and there is a very popular competition each year at the Heard Museum in Phoenix Arizona, with many dancers coming from all over the United States. Many chapters of the Order of the Arrow also have dance teams, and some have learned various hoop dances.

Dream Catchers

The Ojibway Tribe would tie sinew strands in a web around a small round or tear-shaped frame—almost like they did to make snowshoes. This "dream-catcher" would be hung as a charm to protect sleeping children from nightmares. The legend is that the bad dreams will get caught in the web. Traditionally Native American dreamcatchers are small (only a few inches across) and made of bent wood and sinew string with a feather hanging from the netting, but wrapping the frame in leather is often done. During the 60's and 70's, Ojibway dreamcatchers started to get popular in other Native American tribes, and today even the Navajo have adopted them. Some Native Americans consider them a symbol of unity or a tradition, but others think of them as just a tourist

gadget. Today, they are often hung in living rooms and treated like an object of art. A simple version is shown below. The images are from Enchanted Learning – you can find more elaborate versions online.



Materials for Dream Catcher:

- A bendable twig about 12 inches long (or a metal hoop 4-6" wide)
- Thin wire to overlap and hold the ends if you use a twig as your base.
- Beads with large holes, such as pony beads
- Feathers
- Leather lacing (or twine or yarn)

Directions:

- ★ Cut at least 5 feet of lacing or twine, enough to cross the hoop several times. Tie one end to the hoop, then string some beads on the lacing and push them into place where you want them.
- ★ Wrap the lacing around the hoop on the other side, then add more beads and return to a point on the opposite side of the hoop. Continue around the hoop, adding beads and creating a spider web design. (If you are using twine, it may not hold the beads in place, and when you are completely done, you can use a hot glue stick to make your design permanent.)
- ★ When you are satisfied with your design, tie two or three lengths of lacing to the bottom of the hoop, add some beads and a feather or bundle of feathers at the end.

Inuit Hoop Target Game



Being able to spear a seal or walrus through a small hole was truly a matter of survival among the Inuit in the Far North. Using a hoop and "stick" of bone, children were taught accuracy using this target game. This game could be played in the igloo during the dead of winter in preparation for spending hours kneeling by a breathing hole, waiting for the seal to come up for air. Not only food, but warm clothing and shoes, as well as materials for vital equipment came from the seal – so a hunter truly had to have good aim! Check out a modern version of this game in Program Helps, pg. 45.

Another use - Fishing with Hoop Nets*Alice, Golden Empire Council*

Hoop nets have been used along the Mississippi River since the 1860's, and variations have been used in other places as well. They are a very efficient way to catch fish and work well for a fisherman working alone along a river.



The only real change in the past 100 years came with the introduction of nylon twine, which requires little care or maintenance – and it also lasts a very long time. It has allowed fishermen to have more nets, since they don't have the hours of mending and making nets as they once did. The basic design has an open end that fish can swim into, with a cone shaped smaller opening into the main part of the net. The other end is closed so that fish can't escape. Variations of this design are also used to catch Crawfish, Crabs and Lobsters.

Fun Facts About Hula Hoops*Alice, Golden Empire Council**Utah National Parks Council*

The Egyptians played with "hula hoops" made from dried grapevines over 3000 years ago.

There is a collapsible hula hoop that folds into 4 sections for easy transport.

In 1500 England, adults and children both went crazy for hoops – doctors even blamed them for back injuries and heart attacks!

In the early 1800's, British soldiers visiting what became Hawaii noticed that the hula motions were like the motions used with hoops – and the name Hula Hoop was first used!

An Australian company began making wooden hoops in 1957.

Richard P. Knerr and Arthur K. Melin began a toy company in their garage, and called it Wham-O; they made sling shots.

In 1958, Knerr and Melin began to manufacture colorful plastic hoops they patented as Hula Hoops.

The craze was born when Knerr and Melin started giving out free Hula Hoops on Southern California playgrounds.

At the height of the fad, Wham-O sold 25 million Hula Hoops in just four months!

In 1958, Hula Hoops cost \$1.98.

In 1958, that first year on the market, 100 million hula hoops were sold worldwide.

Breaking Hula Hoop records in the Guinness Book of World Records became all the rage – the record is 82 Hula Hoops at one time!

The plastic tubing used for all the Hula Hoops that have been made would stretch around the world more than 5 times!

Wham-O Company also brought out the Frisbee and the Super Ball.

Silly Putty was another 1950's invention.

Hula Hoops can last a lifetime if used correctly, kept out of wet places, and wiped off with a damp cloth and a small amount of ammonia to remove dirt.

World Hoop Day is held every year, and celebrated in countries across the globe – in 2010, the official day is Sunday, Oct. 10.

Since 2006, a non-profit organization founded by Kevin and Annie O'Keefe and their friend Stefan Pildes have provided almost 14,000 one-of-a-kind hoops to under-privileged children throughout the world. The durable, adult-sized hoops can be used for a lifetime. Their goal is to restore physical and mental health, stimulate imagination and enable pure joy and bliss to children in devastating situations.

Since 2006, World Hoop Day has been dedicated to bringing dance, exercise and toy hoops to under-privileged children living in extreme poverty and the under-developed neighborhoods of our world. Founded by Annie O'Keefe, husband Kevin, and Groove Hoop friend Stefan Pildes, World Hoop Day is a not-for-profit organization that uses a community-based, grass roots approach to provide one-of-a-kind "hula" hoops. The durable, adult-sized hoops can be used their entire life as a simple and effective way to bring joy to an otherwise devastating situation.



See www.worldhoopday.com for more information.

Fun Facts About Basketball*Alice, Golden Empire Council*

The first hoops were peach baskets nailed to a wire backboard.

Basketball was invented by James Naismith, a Canadian physical education teacher working at a YMCA in Springfield, Massachusetts in 1891.

The Boston Celtics have won the most NBA championships – seventeen, including seven straight from 1960 to 1966!

Wilt Chamberlain, playing for Philadelphia, scored 100 points in one game against New York on March 2, 1962!

The first men's college basketball game between the University of Iowa and the University of Chicago, held on January 18, 1896, had a final score of only 15-12.

Women's college basketball also began in 1896. But women couldn't steal the ball. It was unladylike! Also, the

uniforms for females had to cover every part of the body, except the head and hands.

Until 1929, a soccer ball was used to play basketball!

Before 1913, the basket wasn't open at the bottom, and the ball had to be retrieved each time.

Basketball became an Olympic event in 1936.

Cal Hubbard is the only member of both the Baseball and Basketball Hall of Fame.

The NBA was formed after the 1949 season, combining the National Basketball League and the Basketball Association of America.

There were only 13 rules in the original game – check them out below to see why the scores have changed so much!

Kareem Abdul-Jabbar holds the record for the most career points – 38,387 points in a 20 year career. Want to check out other statistics? Go to www.basketball-reference.com

Michael Jordan has scored more playoff points (5,987) than any other player.

The first NCAA Tournament was held in 1939 at the University of Illinois – March Madness began!

Three pointers weren't allowed until 1986!

The Slam Dunk was first seen in 1971 when the Virginia Squires signed Julius "The Doctor" Erving, a big man who did things no other human being had ever done with the ball. In 1976 the ABA held a slam dunk contest at their annual All-Star game in Denver. The slam dunk was ruled illegal in 1967, but it returned in 1976. For more on the fascinating history of the slam dunk, go to:

<http://www.nbahoopsonline.com/Articles/2004-05/slamdunk.html>

At age 13, Saquille O'Neal was 6ft. 6 inches tall.

In June of 2006, a new official game ball was introduced – it was made of a new synthetic material. But many players said it was too sticky when dry, and too slippery when wet.

On December 11, 2006, Commissioner Stern announced that beginning January 1, 2007, the NBA would return to the traditional leather basketball in use prior to the 2006–2007 season. The change was influenced by frequent player complaints and confirmed hand injuries (cuts) caused by the microfiber ball.

Until 1937, the referee tossed a jump ball after every basket.

Atlanta Hawks coach Lenny Wilkens has won more basketball games than any other coach.

The Naismith Memorial Basketball Hall of Fame is located in Springfield, Mass – where the game had its beginnings.

Check out these Rules...

When James Naismith invented basketball, he set out just 13 rules. Check them out. How do they compare with our modern rules? Can you see why the scores were so much lower?

1. The ball may be thrown in any direction with one or both hands.
2. The ball may be batted in any direction with one or both hands, but never with the fist.

3. A player cannot run with the ball. The player must throw it from the spot on which he catches it, allowance to be made for a man running at good speed.
4. The ball must be held in or between the hands. The arms or body must not be used for holding it.
5. No shouldering, holding, pushing, striking or tripping in any way of an opponent. The first infringement of this rule by any person shall count as a foul; the second shall disqualify him until the next goal is made or, if there was evident intent to injure the person, for the whole of the game. No substitution shall be allowed.
6. A foul is striking at the ball with the fist, violations of Rules 3 and 4 and such as described in Rule 5.
7. If either side make three consecutive fouls it shall count as a goal for the opponents (consecutive means without the opponents in the meantime making a foul).
8. Goal shall be made when the ball is thrown or batted from the ground into the basket and stays there, providing those defending the goal do not touch or disturb the goal. If the ball rests on the edge and the opponents move the basket, it shall count as a goal.
9. When the ball goes out of bounds, it shall be thrown into the field and played by the first person touching it. In case of dispute the umpire shall throw it straight into the field. The thrower-in is allowed five seconds. If he holds it longer, it shall go to the opponent. If any side persists in delaying the game, the umpire shall call a foul on them.
10. The umpire shall be judge of the men and shall note the fouls and notify the referee when three consecutive fouls have been made. He shall have the power to disqualify men according to Rule 5.
11. The referee shall be the judge of the ball and decide when it is in play in bounds, to which side it belongs, and shall keep the time. He shall decide when a goal has been made and keep account of the goals with any other duties that are usually performed by a referee.
12. The time shall be two 15-minute halves with five minutes' rest between.
13. The side making the most goals in that time shall be declared the winners.

TIGERS

Not sure how many Tigers anyone has at this point in time. Last year's Tigers should have been promoted to Wolf June first. You may or may not have done a spring recruitment yet. So find some thing to do in the others sections of Baloo for your Tigers to do. CD

The year is over and it's a great time to reflect on your accomplishments. Reviewing the requirements for the National Den Award would be a good thing to do during the summer so you can improve on your program if it was not achieved. Learning new games and activities for the upcoming year would be helpful if the ones you typically use did not hold their interest.

PACK AND DEN ACTIVITIES

Parents n Sports

Utah National Parks Council

Invite the sporty fathers and mothers of the Cubs in your pack to come prepared to tell about their sports experiences. They can bring trophies, sports equipment, paraphernalia, or collections and talk to the boys about their 'Days of Glory'! This could be a way to get families out to Pack meeting. Especially encourage parents that may have played a less well known sport to come explain the game and demonstrate if possible.

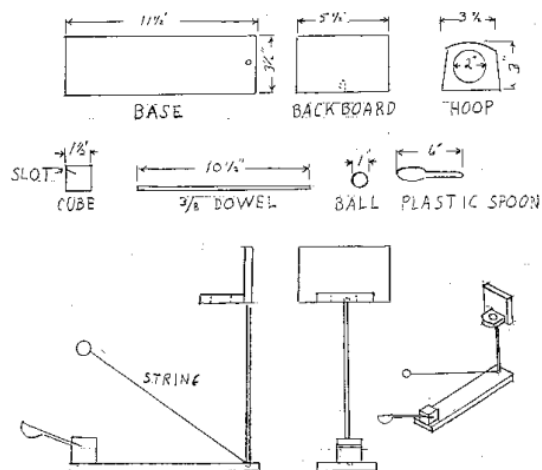
Den and Pack Activities

Catalina Council

- ✓ Have the boys come up with their own games to play with a basketball.
- ✓ Hold a basketball skills day at a gym or park.
- ✓ Attend a high school, college, or professional basketball game as a den or pack.
- ✓ Invite a college basketball player to come talk to your den or pack.
- ✓ Hold a handicap basketball awareness game. (Cubs play basketball in a wheelchair.)

Basketball Catapult

Wendy, Chief Seattle Council



Instructions

1. Base, backboard and hoop are made from a 1"x4" board.
2. Drill holes in base and backboard 3/8" diameter and 1/2" deep.
3. Cut a slot at a 15 degree angle in a cube block large enough for the handle of a plastic spoon.
4. Cut hole for the hoop first; then finish cutting the hoop piece. *(We used a slice of 2" diameter PVC pipe and screwed it into backboard.)*
5. Glue the hoop to the backboard; then glue dowel rod into backboard and base.
6. Glue cube block to base and insert spoon into slot.
7. Cut string and attach one end to dowel rod at base and the other end to any 1" sized *ball (ping pong balls work well)*.

Basketball Ideas

Alice, Golden Empire Council

Invite a local basketball player to come and show off his moves. OR Have a coach or player lead a training session to learn skills needed to make lots of hoops. Focus on developing skills and positive comments.

Learn the rules of basketball; have a game within the pack.

Attend a local basketball game – have the boys make note of rules and good sportsmanship.

Invite a local team mascot to come to the pack meeting and share some stories.

Work on the Basketball Belt Loop and/or pin.



Make a den or pack flag for the Hoops theme – Let the boys choose their colors and team name, then cut their own handprints out of felt or fabric in the team colors. Finish with a Basketball and their team name and let their team flag fly proudly!

Hula Hoops Ideas

Alice, Golden Empire Council

Use Hula Hoops to practice fitness and fun There is a book and DVD called *101 Hula Hoop Fitness Games for Kids*. But you can also find games in this Baloo – and don't forget the imagination – create your own routines!

Organize a Hula Hoop contest in your pack or your school. Share the information about World Hoop Day and how hula hoops are used to encourage exercise.

Have a Hula Hoop Game day – use these wonderful hoops to play a whole host of games.

Play "Just Passing Through" with two Hula Hoops – See Gathering Activities.

Challenge the boys to come up with as many ways to use a hula hoop as they can – share their ideas at the pack meeting.

Challenge each family or den to come up with a costume using Hula Hoops

Celebrate World Hoop Day (a little early), or plan now to celebrate on Oct. 10, 2010 – find out more about how hoops are being used to provide fun, exercise and positive interactions to those living in extreme poverty and devastation.

Indian Hoops:*Alice, Golden Empire Council*

Invite the OA to show off the Hoop Dance at your Pack Meeting. Ask the dancers to talk about what the dance is used for, how long they have been learning to do the dance, the importance of their costumes and chants and/or drumming.

Make Dream Catchers using small hoops. See instructions under Theme Related section.

Have an Indian Game Day – Check the Web Site section for lots of Native American Games that have been adapted to use modern materials – games for one or many!

Make your own version of the Inuit Hoop and Stick Target Game – see how accurate you can get. Ask your Children's Librarian for a book about how important this kind of game was to the peoples of the Far North. Can you make an authentic version using bones?

General Hoops:*Alice, Golden Empire Council*

Make Giant bubbles. Make hoops out of straws and string or even Hula Hoops. See Recipes and Instructions in Theme Related.

Challenge each family to come up with as many uses for hoops as they can – they can either bring a poster of pictures and ideas, or actual items to share at the pack meeting.

Have a trivia contest between dens, parents and boys or families – use the Fun Facts about Basketball or Hula Hoops.

Be sure to attend the local Cub/Webelos Day Camp – they may even be using a sports theme this year! Make sure that parents are aware that Achievements, Electives and Activity Pins may be worked on at Summer Activities.

Have a Hoops Day for your pack families – have everything from bubbles to basketball available. Or put a Summertime twist on the day – play basketball with water balloons.

Makes some "hoops" to eat – Try the Hoop De Doo cookies, or make some doughnuts to share.

Make an Obstacle Course using various hoops – tires are an obvious one; hula hoops can be used as targets or to mark out a "course" you have to crawl through.

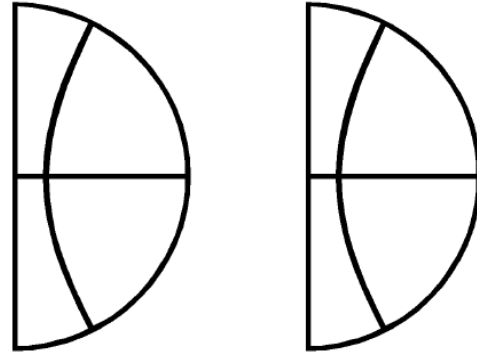
Work on the Disabilities Awareness Belt Loop & Pin – look for ways that hoops are used to make life easier; discuss how to adapt a game so that everyone can play it.

Tissue Paper Decorations**You Need:**

Basketball Pattern: Right and Left
Card Stock Paper
Tissue Paper in Assorted Colors (Orange and Black preferred)
White Glue

**Instructions:**

1. Print patterns (below) on card stock paper. (Enlarge patterns to the size you prefer.)



2. Line up left and right patterns, trim and tape together.
3. Cut tissue paper into 1½" squares.
4. Crumple each piece into a tight ball.
5. Dip into white glue and place onto pattern.
6. Continue crumpling and gluing down pieces until the entire pattern is filled.

Slam Dunk T-Shirt*Catalina Council*

Total Time Needed: 1-2 Hours

**Materials:**

Shower liner, plastic tablecloth, or newspaper to protect work surface.
White prewashed and ironed T-shirt.
Piece of poster board or cardboard big enough to fit inside T-shirt.
Masking tape
Basketball
3-inch-wide sponge brush
Orange fabric paint
Pencil with eraser

Instructions:

- ✓ Protect a flat work area with a cloth or papers.
- ✓ Slide poster board or cardboard inside the shirt and tape it to your surface.
- ✓ Let a little air out of the basketball.
- ✓ Find the spot on the ball with the most intersecting lines and use a sponge brush to apply a light, even circle of orange paint about 6 inches in diameter at that point.



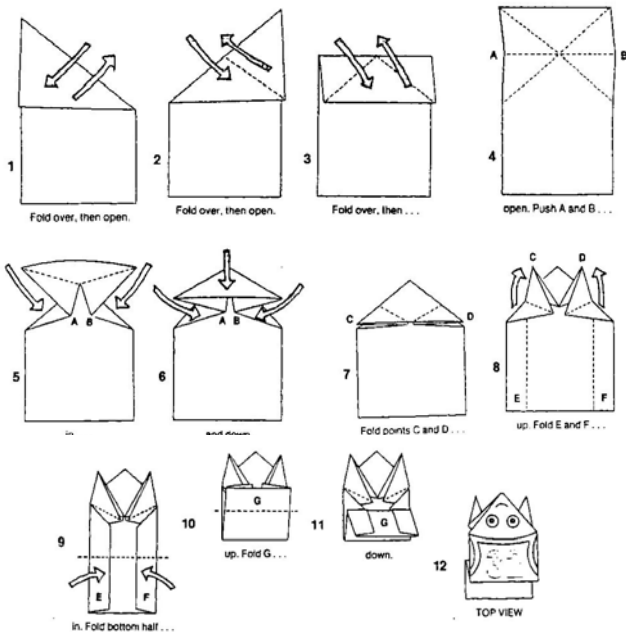
- ✓ Do a test print on paper or a spare shirt to perfect your technique.
- ✓ When you're ready, press the ball onto the shirt.



- ✓ Repaint the ball for each print.
 - ✓ (Tip: If necessary, between prints, trace over the black lines on the ball with a pencil eraser to remove excess paint and get a clearer print.)
- When you're done, use soap and water to wash off the ball before the paint dries on.

Magic Jumpson: The Origami Frog
Catalina Council

You can make a frog superstar. Use a green 3 x 5' index card or color one side of a white one. Fold the card as shown in drawings 1 through 11. Draw a face and a number on the top. Then push down on the bottom of the number, slide your finger off, and watch Magic jump.



Basketball Ball Tie Slide
Catalina Council

Materials:

- Ping pong ball
- Plaster of Paris
- PVC pipe ring
- Brown paint
- Black paint or marker

Instructions:

1. Cut ping pong ball in half.
2. Fill half of ball with plaster of paris (wet) and insert PVC ring for slide.
3. Let dry.
4. Paint with brown paint and drawn lines with black paint or marker to resemble a basketball.

Note:

This same idea can be used to make a soccer ball, baseball, tennis ball, etc.



Make Your Own Hula Hoops!
Alice, Golden Empire Council

Hula hoops are not that hard to make once you have the right materials. You'll need poly tubing normally used for irrigation – try home improvement or hardware stores. It's available in black or clear – the black is much cheaper! It's sold in 100-foot coils, which will make about 8 hula hoops.

Material

- 160 psi, 3/4" diameter for lightweight or kid's hoops (100 psi, 1" diameter can also be used)
- Ratchet PVC cutter or sharp hacksaw
- Insert Connectors (1" tubing, or 3/4" colored electrical tape)
- Blow Dryer.

Instructions

1. Cut a length of tubing for the size hoop you are making. Hoops are usually about 24" in diameter or $(\text{Pi} \times \text{D}) = 85"$ in circumference but can be slightly larger or smaller. The length of tube you need is equal to the circumference.
2. Use the ratchet PVC cutter, or a sharp hacksaw to make the cut in the tubing.
3. Before inserting the connector place sand, beans, dry peas or other noisemakers in the hoop. This step is optional if you don't want the hoop to make noise. Some things, like sand, can add weight to the hoop that you may not want, so use dry beans or rice instead.
4. Use a connector to hold the two ends of the tubing together on the hoop.
5. Use colored electrical tape to make a pattern on your hula hoop (another option would be to put colored glitter or liquid inside your hoop)
6. To make it easier to attach the connector heat the tube ends with a blow dryer. The tubing becomes more

pliable with heat and will give you less trouble when it comes to adding the connector. If you have no dryer you can also use hot water to soak the tubing ends. Wear gloves to hold the hot tubing while applying the connector. After the ends are heated take a connector and put it on one tubing end then the other. Push the ends together over the connector until you can no longer see the connector. When the connector is correctly positioned and inserted, it is covered completely by the tubes. If you have trouble getting the tubes and connector all together try reheating the tube ends.

7. To make it easier to attach the connector heat the tube ends with a blow dryer. The tubing becomes more pliable with heat and will give you less trouble when it comes to adding the connector. If you have no dryer you can also use hot water to soak the tubing ends. Wear gloves to hold the hot tubing while applying the connector. After the ends are heated take a connector and put it on one tubing end then the other. Push the ends together over the connector until you can no longer see the connector. When the connector is correctly positioned and inserted, it is covered completely by the tubes. If you have trouble getting the tubes and connector all together try reheating the tube ends.

Have a Ball

Catalina Council

Instead of stuffing stray elastics into a desk drawer or (worse!) shooting them across a classroom, your boys can turn them into a bouncy ball with this simple project.



Instructions:

1. To make one, pinch together the ends of a single rubber band and tie it into a loose double knot.
2. Wrap and twist a second band around the knot repeatedly, until it is taut.
3. Continue adding rubber bands one at a time until the ball is as large as you like, or you run out of bands.
4. You also can speed along the process by starting out with an inner core made of wadded-up newspaper or aluminum foil, and then covering it with rubber bands.

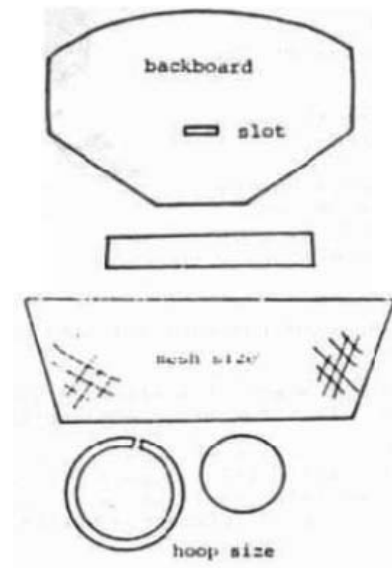


Basketball Backboard Slide
Utah National Parks Council



What You Need:

- Wood Scraps 1/8" Thick
(Such As Paneling Or Balsa),
- Paint,
- Wire,
- Mesh Or Nylon,
- Small Styrofoam Or Wooden Ball,
- Glue



Directions

- Cut backboard from wood using the pattern shown.
- Sand as needed.
- Make a hoop by wrapping wire around a 1/2 " dowel.
- Bend a small strip of aluminum foil and insert through the slot in the backboard to fasten the hoop.
- Epoxy or glue strip the back.
- Cut nylon net to size of the pattern and sew or glue together.
- Paint the ball orange and draw lines with marking pen if desired.
- Paint the hoop orange and the backboard and net white.
- After this is dry, glue the ball and net to the hoop.
- Glue a loop on the back to use as a neckerchief slide.

Card Collector's Frame
Baltimore Area Council

Materials

Empty, clear CD Jewel case
Construction paper or card/cover stock
Pop can tab
Scissors, glue, pencil



- ✂ Cut a piece of construction paper into a square that will fit into a CD case.
- ✂ Place your card in the center of the square and trace around it.
- ✂ Cut out the rectangle you traced, cutting it about 1/4 inch smaller than the line you traced.
- ✂ Put a dab of glue in each corner of your square, on the opposite side of your trace lines.
- ✂ Open the CD case and place your square on the inside of the clear CD case cover.
- ✂ Reinforce the back side of the card by taping extra strips of construction paper behind it (securing them to the back side of the frame).
- ✂ Close the CD case.
- ✂ Glue a pop can tab on the back of the CD case towards the top and you can hang your frame on your wall, or add a magnet strip to the back and hang it on your fridge!
- ✂ You can even add stickers and other miscellaneous things to decorate your frame.

Football Player Plate
Baltimore Area Council

Supplies: 2 Paper plates, Crayons or markers, Tape

1. Draw a face in the center of one paper plate. Color the top edge and sides whatever color you want the football helmet to be. Like this:



2. Take the other paper plate and draw and cut out a facemask like shown at the right. Discard all the pieces that are grayed out!



3. Tape the facemask you cut out onto the bottom half of the paper plate you colored, and you have a football player in his helmet!



Golf Course Pencil Holder
Baltimore Area Council

This is an easy craft to create for any golf fan. Adapt this craft for any sport by changing the background and the ball shown.



Supplies:

- ✓ Scissors
- ✓ Empty can (plastic or cardboard are better but metal all right)
- ✓ Green (or other color depending on sport chosen - wood color for basketball) construction paper tall enough for height of can and long enough to go around
- ✓ Markers in blue, green, red, white, or your choice of colors
- ✓ Double stick tape

Directions

- ✓ Measure and cut the paper to fit the can
- ✓ Color the paper to represent the playing field of the chosen sport
- ✓ Wrap it around the can carefully aligning the point where they end meet (or overlap)

Baseball Fan

Baltimore Area Council

These fans are quick and easy to make. Bring them to the ballpark on a hot day, to keep you cool.

Supplies:

- Corrugated plastic (in your team's color),
- Gold fabric paint,
- Sharp scissors,
- Popsicle stick,
- Pen or pencil, 5"
- Circular item for tracing pattern,
- Tacky glue



Directions

1. Using the circular object for a pattern, trace a circle on the colored corrugated plastic. Make the circle about 5" in diameter, although any size will do.
2. Cut out the circle with the extremely sharp scissors.
3. Using your sharp scissors, cut up a small way on the inside (be sure the "ribs" are vertical) of the corrugated plastic to make it easier to insert the Popsicle stick.
4. Add tacky glue to the end of the stick and push up inside the baseball.
5. Paint "stitching" on the baseball and add your Pack Number. Let dry.
6. Take it out to the ballpark, show your Pack spirit, and keep cool!

Tips & Tricks:

- ✓ You can use hot glue if you want the project to dry immediately for the child to use. If using tacky glue, allow time to dry overnight.
- ✓ You can also use regular cardboard and paint it if you can't get corrugated plastic, but it won't be as durable.
- ✓ Several manufacturers make corrugated plastic. It is known as Stratocore or Coreplast, along with other names. If you purchase it from a signage store, it is cheaper as long as you make several projects out of it.

Favorite Team Slide

Utah National Parks Council

Note: In preparing to make this slide, you need to check with the boys to find out who their favorite teams are (regardless of the sport). Then you can scour the world for copies of the team logos. The internet is a reasonable source for some team emblems, but some are not available.

For some, I would look in mail order catalogues, sports magazines, etc. I was able to find stickers of various sports teams at a discount store for a dollar. These work great.

What You Need:

- 1 inch (or size of logo) disk,
- 3/4-inch PVC slide ring,
- Color copies of team logos,
- Tacky glue,
- Hot glue,
- Scissors

Directions

- Cut out team logos to the size of the disks.
- Mount logo on disk using tacky glue.
- Mount the slide ring to back of disk using hot glue.

Basketball Hoop Craft & Game

Utah National Parks Council

Follow these instructions for making a cool basketball hoop craft that is a game you can play once it is done.

Materials Needed:

- Egg carton cup,
- Craft foam,
- Masking tape,
- Straw,
- Cardboard,
- Hot glue gun and sticks,

- Scissors,
- Pompom (approx 1" in diameter),
- Chenille stem (craft pipe cleaner—Optional)

Instructions:

This is a mini version of the real game. My kids enjoyed having a craft that was interactive rather than simply being decorative. Preparations can be done in advance for each kid or the kids can do it themselves.

Cut out egg carton cups, one for each kid.

Cut out cardboard rectangles (approx. 9 x 12cm), one for each kid.

Now follow these steps to construct the basketball hoop:

Poke a hole in the bottom of the egg cup and

Cut off the bottom (note: cut off a little further up so that the pompom will fit through). This is the basketball net.

Cut a backboard out of craft foam.

Tape the egg carton net to the front of the craft foam backboard and the straw to the back of the craft foam backboard.

As an option, kids can wrap pipe cleaner around the straw before taping the straw on. I find that if the pipe cleaner is extended past the bottom end a bit, it helps in gluing the straw to the cardboard in the next step.

Once the backboard, net and pole are assembled, they should make a small hole in the cardboard (you may want to help younger kids with this step). DO NOT make the hole go all the way through! We just want a dent.

Put a generous dab of hot glue into the hole you just made, and put the unused end of the straw and end tips of the chenille stem into the glue. Again, This should be done for young kids.

To test if the straw will stay, take the cardboard and GENTLY shake it. If needed, keep fighting with the hot glue. Once you've checked that it's sturdy, use a pompom to shoot hoops through the egg carton net!

You can use a variety of miscellaneous craft supplies to decorate the hoop. For example, some kids glued feathers and gems on their backboard or decorated their cardboard bottom with markers. Some even took scrap foam to create boxes or stands to hold the ball.

Playing with friends is good for your emotional health.

*After making this game,
find a friend and have a tournament.*

Basket Ball Tie Slide:

Wendy, Chief Seattle Council

Materials

- Orange Craft Foam
- Milk Bottle Cap
- Chenille Stems (pipe cleaners)

Directions

- ✓ Trace a basket ball pattern onto orange craft foam a little larger than the milk bottle cap.
- ✓ Cut out the basketball, and draw lines with permanent markers.
- ✓ Sand the top of a milk bottle cap.

- ✓ Punch 2 holes in the left and right sides of the cap.
- ✓ Tacky glue the foam ball to the top (flat side) of the milk bottle cap.
- ✓ Thread ½ a chenille stem through the holes.
- ✓ Twist the ends around each other to create the loop for the tie slide.

(I think I would glue a piece of PVC pipe to the back CD)

Alternatively,

- ✓ Glue the foam ball to a circle of corrugated cardboard that is cut a little smaller than the ball.
- ✓ Push a ½ a chenille stem through the corrugation channel going across the middle of the ball.
- ✓ Fold the ends of the stem over, so they are behind the ball.
- ✓ Leaving a little space between the cardboard and the stem (so the neckerchief can fit), twist the chenille stem ends around each other, and flatten to create the loop.

Really Mini Miniature Golf:

Wendy, Chief Seattle Council

Golf Club:

- ☺ Using pruning shears, cut 1” off the end of a craft stick.
- ☺ Sand both ends smooth.
- ☺ Tacky glue the small piece to the cut end of big piece at slightly more than a 90 degree angle to make a golf club.

Holes:

- ☺ Cut a strip of paper about one inch wide by 4 inches long.
- ☺ Overlap the ends, and tape, creating a circle.
- ☺ Pinch the loop in two places, creating a flat side about 1 inch in length.
- ☺ Place the hoop on the flat side so it stands up.

Set Up:

- ☺ Make 9 of these hoops, and number them.
- ☺ Scatter them on the floor.
- ☺ Create obstacles using cups and toilet paper tubes.
- ☺ Make ramps from cardboard as other obstacles.
- ☺ Bounce marbles off books.

The Game

- ☺ Players hit marbles through the hoops with their craft stick golf clubs, trying to hit the ball into the hole with the fewest strokes.
- ☺ The player with the lowest score wins. (Wendy McBride)

Father's Day Ideas



Hot/Cold Sock

Wendy, Chief Seattle Council

Wolf Elective 9a or b

To build:

Fill a cotton tube sock with rice and sew shut. (Or use fusible webbing.)

To use,

For a Hot Pack -

Microwave the sock in 30 second increments until warm enough.

Place hot sock on sore muscles.

For a Cold Pack,

Leave the sock in the freezer until needed.

Place cold sock on sprains & bruises.

Pencil Holder

Wendy, Chief Seattle Council

Cut a 2”x 2” board into 5” long strips.

Drill 4-6 holes for pens and pencil. (Make sure holes have a large enough diameter for a pen or pencil)

Paint or color with permanent markers.

Father's Day Card

Wendy, Chief Seattle Council

Bear Ach. #18f; Ach. #24d, partial



For directions - go to -

<http://jas.familyfun.go.com/arts-and-crafts?page=CraftDisplay&craftid=11199>

MORE GAMES AND ACTIVITIES

Sam Houston Area Council



From the Cub Scout Leader How-To Book –

- ✓ -Balloon Basketball, page 3-8
- ✓ -Bucketball, page 3-8

Want to check something in the "How To Book," and your copy is not available?? Want to copy something quick to use at a meeting?? You can find the "How To Book" at this address on **National's Web Site** -
http://www.scouting.org/filestore/hispanic/english/33832_WEB.pdf

ADVANCEMENT IDEAS

From Program Helps via

www.cubroundtable.com

By now most of your Tiger, Wolf, and Bear Cub Scouts have earned their rank. So you can spend your meetings doing Electives for Arrow points!!!

Tigers –

Ach:

Elect. 35

Wolf-

Ach 1a, d, e, g, 2b, 3a

Elect. 11a, c, 15c, 20m

Bear –

Ach 3d

Alice, Golden Empire Council

This month is the perfect time to focus on some of the Belt Loops & Pins, such as **Basketball, Good Manners** (including Good Sportsmanship), **Ultimate** (using hoops for targets); you could also focus on **Heath and Fitness** and explore various ways that hoops can help you get active. Work on the **Disabilities Awareness Belt Loop & Pin** could also be a great way to make your summer activities or camps learning experiences for all the boys.

Tiger Cub Achievements

Ach. #3 – Health & Fitness Character Connection – try using hula hoops or basketball skills to practice getting exercise **Ach. #3D** – Food Guide Pyramid; **Ach. #3G** – Learn the rules and then go watch a sporting event.

Ach. #5G – Take a hike with your den.

Tiger Cub Electives

Elect. #6 – Teach a song to your family or den – try one from Hoop De Doo.

Elect. #9 – Help a new boy in the den or neighborhood get acquainted – make sure he gets to play hoops or other games with you and your other friends.

Elect. #14 – Read a book or magazine article about hoops, basketball, or a favorite player

Elect. #22 – Have a picnic with your family or den – play some hoop games, too!

Elect. #25 – Make a snack for your family or den – try one of the Cub Grub recipes!

Elect. #29 – Read about Safety in the Sun before you begin to spend lots of time outside in the Summer

Elect. #35 – Have fun outdoors playing a game with your family or den

Elect. #37 – Take a bicycle ride – you’re using hoops! But also learn about repairs to your bike –

Elect. #40 – Have fun in the water with your adult partner – do you use any hoops?

Elect. #45 – Visit a bakery – check out those doughnuts – they’re also hoops!

Wolf Achievements

Ach. #1j – Using a basketball, show the chest, bounce and overhand pass – if you are working on the Health and

Fitness Belt Loop or pin, you might be able to use other parts of this achievement

Ach. #3a, b, c - If you want to be fit enough to play with hoops, you should follow the rules in this achievement

Ach. #8a,b – as part of the Health and Fitness Belt Loop & Pin, learn about the Food Pyramid

Ach. #9d, e - Knowing and following the rules of safety on the street and riding a bike will help keep you safe

Ach. #10e – With Akela, watch a professional sports competition on TV or listen to it on radio

Wolf Electives

Elect. #4b – Make and play a ring toss game – check out the giant version in Program Helps, or try one of the Native American versions **Elect. #4f** – Play a wide-area or large group game with your den or pack – Look for ideas under Games and on the Web Site under Native American Hoop Games

Elect. #10d – Make a traditional Native American item, such as the Hoop and Stick Target game that helped Inuits perfect their hunting skills

Elect. #11c – Learn and sing three Cub Scout songs; **Elect. #11f** – sing a song with your den at a pack meeting (For both of these, check out some ideas under Songs in this Baloo)

Elect. #12b - Tell the story of how a Hula Hoop or Dream Catcher can be made, showing three cartoons – or use some other “hoop” subject **Elect. #12f** – Make a poster for a Cub Scout project – maybe one for the Hoop de Doo opening ceremony- or make one to advertise a Pack Hoops competition or play day!

Elect. #18 – Help plan and hold a picnic, outing, adventure trail or obstacle race with your family or den. Take part in two summertime activities with your den. Be sure you are familiar with poisonous plants and what to do if you touch one.

Elect. #20f – Learn and follow the rules for Indoor Skating – have fun racing around on those hoops! **Elect. #20m** – Show how to shoot, pass and dribble, then take part in a basketball game; **Elect. #20o** – With your den, participate in four outdoor, physical fitness-related activities – choose ones using hoops!

Elect. #23e, f – Attend day camp and/or resident camp in your area

Bear Achievements

Ach. #3b – Find out about two famous Americans who used hoops to improve our way of life (Think about famous sports figures such as Bill Bradley, who had a career in hoops and used what he learned to improve lives)

Ach. #9a – With an adult, make some cookies – try the Hoop De Doo ones in Cub Grub. **Ach. #9f** – With an adult, make a dessert for your family – try one of the doughnut recipes from Cub Grub!

Ach. #10a – Visit a history museum with your family – look for ways hoops were used; have a “Hoops” treat to eat

Ach. #14 – Do any or all of these activities – remember, a bicycle is really two hoops with a seat and pedals

Ach. #15b – Play two organized games with your den; check out the ideas in Baloo.

Ach. #15c – Select a game that your den has never played and share it with your den – check out the Hula Hoop and Native American games in this packet

Ach. #16 – If you are working on the Health & Fitness Belt Loop, check out the various activities

Ach. #17b – Play Hoops Charades with your den or family – See Gathering Activities

Ach. #23 – Do any or all of these requirements to learn more about sports, and to learn and practice new skills

Ach. #24c – Plan and conduct a den activity with your leader’s approval – use an idea from Hoop de Doo

Bear Electives

Elect. #9a – Make a mosaic of various Hoops, or participate in making a pack mural

Elect. #18 – Use hoops to build and use an outdoor gym, three outdoor toss games, or plan and hold an outdoor game day with your den

Elect. #24b – Learn about, make and play two Native American games with members of your den – see the ideas under Games and Web Sites

Webelos Activity Pins

Aquanaut and Geologist are assigned. Other possibilities using the theme are:

Artist#5 – Use computer to make six original designs using straight and/or curved lines – but be sure to use curved ones - they are the start of a hoop! **Artist #10** – Make a collage that expresses something about you – try including hoops, especially if you are a basketball fan! **Athlete #10** – Earn the Cub Scout Physical Fitness pin

Communicator #8 – Write an article about a den or pack activity, such as one of the suggestions in Baloo for Hoop de Doo

Handyman #6, 7, 8 and/or 9 – Make a repair to a bike or a skateboard – after all, they definitely use hoops

Sportsman #1 – Show signals used in basketball; #2- Explain the meaning of good sportsmanship; #4 – While a Webelos Scout, earn the Belt Loops for two team sports, including Basketball

GAMES

Basketball Games
Catalina Council

Group Play

- Let's start with the most common game - a full scale game. You will need a group of people to play all the positions.
- The game is played in teams. Each team's goal is to get the most points.
- Different baskets earn different points depending on from where the shot was made.
- The harder shots earn more points.

- This type of game gives you the full benefits of playing basketball. You will be getting a lot of exercise and working together as a team.

Two People Play

- When you only have one buddy to play with you can play a little one on one. The goal, as with a full game, is to get the most points. Many times this type of game is a little more lenient and baskets score only one point no matter from where they are made.
- This is a great way to compete and show off your skills. It is also good practice for playing as a team. You get to work with a friend and you both can give each other advice on improving your game. You also will be able to see where your game is weak.
- Playing one on one is something anyone at any level of game play can do since it is less strict and rigid than a full scale game.

Single Games

- ★ You can play spelling games like H-O-R-S-E and P-I-G with a group of people, a couple of people or by yourself. This type of game is perfect for trying out different shots and learning how to shoot from all over the court. They are also very challenging games where you can push your skills to get better.
- ★ The basic idea of this type of game is to choose a spot on the court and make a basket. If you make a basket then the next person has to make a basket or else they get a letter in the word you are spelling. After a missed shot the next player gets to choose a new spot from which to shoot.
- ★ The game goes on until someone spells the word.
- ★ This game can be played alone just as it would with others, but as a challenge without so much focus on the word. You can try to reduce the amount of shots you make from each spot until you can get it on the first try.

Loose Ball, Fumble, Error

Utah National Parks Council

The players are seated in a closed circle, facing out, with an extra player -- the broadcaster -- outside the circle.

There are just enough chairs for the seated players,

The broadcaster gives each player the name of some object, person or movement connected with the chosen sport.

The broadcaster starts walking around the circle in front of the players, broadcasting the game as he goes in typical radio or TV style, becoming much excited over the tenseness of the game. (Or if this is too complicated, just yelling out the names of object, people or movements assigned beforehand.)

Whenever a player hears his object or movement mentioned he jumps up and follows around the circle behind the broadcaster. When the key word for that sport is mentioned, all dash for a seat and the player left without a seat becomes the broadcaster for the next game.

The leader should prepare a list of the terms for the chosen sport on a card beforehand for the broadcaster so that there

will be no delay in naming the players and in telling the story.

The following are suggestions for Basketball:

Key word - Loose Ball

coach, center, guard, forward, ball, referee, pass, net, basket, jump shot, free throw, jump ball, possession arrow, three pointer, set shot, rebound, backcourt, etc.

The following are suggestions for Football:

Key word - Fumble

coach, quarterback, ball, referee, pass, goal posts, tackle, helmet, goal line, etc.

The following are suggestions for Baseball:

Key word - Error

manager, coach, pitcher, catcher, shortstop, infielder, outfielder, hitter, double, triple, home run, umpire, stolen base, run, fast ball, curve, slider, bunt, hit, etc.

Bubble Basketball

Utah National Parks Council

Tie a string between two poles at a height several inches above heads of the players.

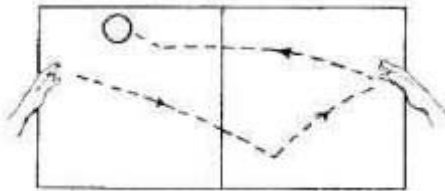
The player standing about 2 feet behind the string blows bubbles, using blower and bubble solution, and tries to get them over the string for a "basket."

After bubble is in the air, the player may continue to blow on it to get it over the string.

One point for each basket made.

**Sidewalk Tennis
(Four Square)**

Utah National Parks Council



Played by two boys on four squares with tennis ball or rubber ball. A serve must bounce once in the opponent's service court before being returned. Thereafter, it may be returned on first bounce or no bounce.

Only server may score, and he continues to serve as long as he scores. Game is 11 points.

Hodge Podge Ball

Utah National Parks Council

Set Up:

4 people minimum, one tennis ball and a variety of items (one per player) that can be used to hit the tennis ball such as plastic bats, pots, pans, large sticks, fly swatters, kitchen utensils, etc.

Directions

- Players are gathered in a large circle.
- One player bats the tennis ball with his utensil to another player in the circle.
- The receiver tries to send the ball to another member of the circle.
- The ball bounces once between each hit.

- If a person fails to receive the tennis ball or send it to another player, he is eliminated.
- The game continues until one player is left, then everyone passes his utensil one person to the right and the game begins again.
- The choice of utensil makes the game a success.

What's In The Bag?

Utah National Parks Council

Materials needed: pillow case, assorted sports items (golf ball, tennis ball, Frisbee, tennis racket, baseball glove, etc.), paper, pencils, timer.

Directions

Fill the pillowcase with assorted sports items.

Using a timer, allow each person 15 seconds to reach inside and feel what is in the pillowcase.

Each person then writes down what he thinks is in the bag. Remind players to be specific—don't just write, "ball," but write "golf ball" or "basketball."

Suggest they not share their findings with other players.

The person with the most right wins a small prize.

Hula Hoop Games:

Alice, Golden Empire Council

Hoopster - For younger boys, make a straight course to a goal. For more of a challenge, create a trail around all kinds of obstacles – but leave plenty of room between them. Each boy takes a hula hoop and rolls it from the start line to the finish and back, around any obstacles. This can be played as a relay with teams as well. It takes coordination and agility to move the hoop.

Horse and Buggy - The "horse" steps inside a hula hoop and holds it at waist level. The "driver" holds on to the hoop just behind the horse and sets the pace. The horse and driver have to work together in the designated area or along a designated course, so they can move easily from one place to another. Then players can switch places. Both boys have to work together to make cooperative decisions about speed and direction. If they don't cooperate, they have to sit out a turn. Make sure the goal is not speed, but getting around the whole course or area without problems. After the game, talk about what was hard or easy in the game. How did they solve any problems?

The Car Game - Boys take turns being assigned to be either drivers or pedestrians. The hoop becomes a giant steering wheel, which is held at waist level. "Cars" must stay in the designated space (for younger or more active boys, you might need to designate a course). Also, the "car" must ALWAYS stop when meeting another car or pedestrian. Have the boys make sound effects, or use a CD with vehicle sounds. You could also add Stop signs and other common traffic signals and lanes, especially if you are playing in a gym.

If the boys are old enough, you could also add another set of "hoops" to the game – designate a boy or two to be a bicycle rider – he holds his hoop out in front of him like a bike tire. Review bike safety rules and see how they do. This is the same game as before, except that the children drive in a safe, large area. Sounds of screeching and turning sharp corners

are encouraged. Student must continue to be careful of obstacles, pedestrians and bike riders in their way – and bike riders have to obey the safety rules!

Hula Hopping - Instead of a jump rope, use a large hula hoop. Try it first on a soft surface, such as grass – and make sure the hoop is large enough! Need a larger hoop – check out the directions to make your own!

Hula Hooping & Hopping - Hooping and Hopping is a game of tag with players hopping after one another. The hula hoop laid on the ground is the SAFE zone. To play the game children must have the balance and coordination to hop of one foot for relatively long periods of time. “IT” hops on one foot, and tries to tag each player by hopping towards him. The players are chased by the tagger and can only be safe when they are inside a hula-hoop. If they are tagged, they become “IT.”

Space Shuttle Relay

Alice, Golden Empire Council

This is a relay with two teams working in pairs. First and second players from each team run together inside the hoop and go around a turning cone. After they have turned around, they return to the team. The first player drops out and joins the end of the line. The second player picks up the third player and runs together to the turning cone. They proceed around, and back. The second player drops out and the third and fourth player run together around the cone and pick up the next player. The game continues until everyone on that team has had a chance to be in a cone twice, working with a partner. This game teaches sequencing and hand-eye coordination.

Thread the Needle

Alice, Golden Empire Council

This is similar to the “Just Passing Through” Gathering Activity. In this contest, the members of each team join hands in a circle with a hula-hoop hanging from one person's arm. When play begins, the person with the hoop must step through it and pass it to a neighboring player without letting go of her teammate's hands. The next player does the same thing. The team that gets the hoop back to the starting player first wins. This game is great because a wide variety of ages can play. The game is more challenging when students of various heights have to work together to move the hoop from one person to another.

Hoop Toss

Alice, Golden Empire Council

Materials: Cardboard, toilet paper, cans, empty soda bottles.

Scatter cardboard boxes, cans, toilet paper tubes, or empty plastic soda bottles around the yard with space in-between each object. Write point numbers on each box or bottle. Take turns gently tossing hula-hoops to encircle the boxes. The player with the most points wins!

Musical Hoops

Alice, Golden Empire Council

Materials: CD player, music, index cards with exercises on them, and a pair of dice.

Scatter hoops around gym with index fitness cards inside hoops. Students move freely from one hoop to another.

When music stops, each student goes to a hoop and reads the fitness card. One student is selected to roll the dice.

Whatever the math problem comes up on the dice students will perform the activity listed on the fitness card. If there are two sixes rolled for example: $6+6=12$, students will perform twelve of that particular activity. Some examples of fitness cards include: jumping jacks, crunches, mountain climbers, sit ups, push-ups, running in place, skipping in place, and free choice. **Choose the activities from the boy's manual depending on their rank and age.** Make sure the math portion doesn't become a problem for any of the boys – everyone can guess the answer, or an adult can help decide on math answers. This game teaches coordination, agility and following directions.

Push / Catch Opposites

Utah National Parks Council

Everyone is in a circle except for one person in the middle, the leader (and it usually is an adult leader for the first round). The leader has a ball that is thrown to those in the circle.

As the leader throws the ball, he must shout out either Push or Catch.

The person to whom the ball is thrown must do the opposite action that was shouted out.

If the leader shouts “Push,”
the player must catch the ball.

If the leader shouts “Catch”
the player pushes the ball.

If an error is committed by either not doing the opposite or stumbling with the ball the player must sit down or step back and is eliminated from play.

Variation: If the group gets really good at the game, the shouter must shout out 3 words (such as push catch push) and the player must do the opposite of the middle one (or the first or last).

Relay “Ball” Games

Baltimore Area Council

Ball Pass Relay

Equipment: One ball for each team

Each team stands in file formation with a team leader sitting opposite about twenty feet away. He has the ball in his lap. On signal, the first player in line runs to this leader, picks up the ball, and returns to his place in the file line. He then throws the ball to the leader and goes to the end of the file line and sits down. When the ball returns to the leader's lap, the next player runs. The first team to finish a rotation wins.

Tennis Ball Pass

Equipment: A tennis ball for each team

Teams stand in a file formation. A tennis ball is passed from chin to chin, using no hands, from one end of the line to the other end. If the ball is dropped, it must be returned to the start of the line. The first team to pass the ball forward and backward wins.

Waddle Relay

Equipment: A small-to-medium ball for each team

On signal, No. 1 players race against each other while carrying the ball between their knees. They must

successfully reach the turn-around line, bounce the ball once, and return to their team with the ball once again between their knees and tag Player No. 1. Player No. 2 continues. If the ball is dropped at any time, the player must go back and start over. The first team to have all players "waddle" the ball wins.

Over the Top

Play with a medicine ball or basketball.

Boys in line in straddle position. Ball passed overhead from boy to boy. Last boy receiving ball vaults over the line as they stand in stooped position. Others continue until first boy finishes.

Through the Tunnel

Boys in same position.

Ball is passed between legs and last boy crawls through, pushing ball ahead with head and hands. Others continue.

In and Out

Ball is passed between legs and overhead. Last boy runs in and out through the line and others continue.

Over and Under

Same formation except the balls are alternatively passed overhead and between the legs. Last boy vaults over one and crawls between legs of next boy. Others continue.

Kangaroo

Ball is passed through line between legs. Last boy tucks ball between knees, jumping on side of line to front, and others continue.

Goat

Same as above, except that last boy butts ball along side of line with head, not being allowed to use hands.

Medicine Ball Roll

Ball is passed between legs, last boy running to front of line. Others continue same.

Cotton Ball Race

Each person has to pick up all the cotton balls with a spatula, keeping it balanced while running to a specified goal and back. If the cotton ball is dropped, the player must start over. When he returns with the cotton ball he places it in a carton.

Barefoot Marble

Divide the Scouts into teams (patrol/Den). First boy runs to a line 15 ft. away. He grasps and carries one marble with the toes of each foot, returns to tag the next Scout.

Arch Bowling

Baltimore Area Council

- ☉ Set up 10 croquet arches in a row, spaced wide enough to allow a ball to go between them.
- ☉ Set a bowling line at a distance of 15 feet. Increase this distance if the lawn is smooth and well cut.
- ☉ Each player bowls one ball each turn.
- ☉ The ball must go through each arch in order.
- ☉ The 1st arch must be made before the 2nd, and so on.
- ☉ The player who first completes the sequence of the arches wins.

Bottles And Cans

Baltimore Area Council

- ☉ Bottles and cans can be used for lots of games. You can invent them or copy them from games in shops. Your games can be a lot more interesting than things that cost a lot of money.
- ☉ A collection of tall plastic bottles makes bowling pins.
- ☉ Fill them with water or sand so they won't fall over easily.
- ☉ A heavy ball you can bowl slowly works best. Try a baseball or a hard orange. Volleyball??

Litter Basketball

Baltimore Area Council

Boys always get fussed at for doing this - why not make it a game?

Equipment:

Lots of crumpled computer or copy paper, trash cans

Directions

- * Divide Den into two teams and seat them behind a throw line.
- * Place the trash cans about 10 feet away (distance depends on the motor skills of your Den).
- * On the signal "GO!" Cubs fire their paper "basketballs" at the trash can goals.
- * After a set amount of time stop the game.
- * Count the number of "basketballs" in each trash can.
- * The team with the most "basketballs" in the cans wins.

Backyard Jugball

Baltimore Area Council

This is a version of lacrosse,

Maryland's official team sport.

And the sport my son coaches at

St. Peter's Prep in Jersey City, NJ CD

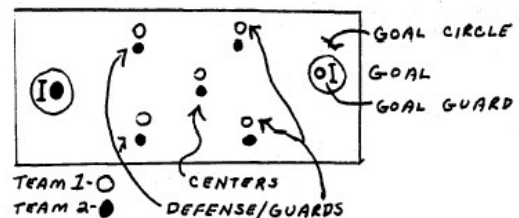
Equipment:

Plastic milk jug (Bottom cut off),
Wiffle ball,
4 to 12 players.



Rules:

- Centers face off in center of field; touch ground with scoops on each side of ball raise scoops once over ball touching others scoop then back to ground.



- Then each boy tries to scoop up the ball and throw it to another team member who must catch it with his scoop then pass it on, or try to make a goal past goalie and between goal posts.

- Goalie tries to divert ball from goal using scoop or body (no hands).
- Goal counts one point.
- If a player touches the ball with his hand the other team gets possession at point of infraction.
- Players may go anywhere on field except goal circle.
- Goalie moves freely inside goal circle.
- Last team to touch out of bounds ball loses possession.
- Body contact is not allowed and disputes over possession are settled at point of conflict with a face off between the 2 players involved.
- First team to score 5 points, wins.

Frenzy

Catalina Council

It is a quick toss to victory in this fast-paced basketball game.

What You Need:

- Two basketballs
- Tape (optional)

Instructions:

1. Both players use their own ball (mark one with tape if necessary) and begin shooting simultaneously from anywhere they wish.
2. If a player mistakenly uses the wrong ball, he loses the game.
3. The first player to sink six baskets wins.

Ping Pong Basketball

Catalina Council

For this basketball-shooting challenge, you can bounce the ball in close for easy 1-pointers, or dribble just once and shoot for a 3-pointer.



What You Need:

- 2 clean, quart-size plastic containers
- Paper towels
- A Ping-Pong ball

Setup:

- Line the bottom of each container with a folded paper towel (to keep the ball from bouncing out).
- Place the "baskets" at opposite ends of the table, at least 4 feet apart.

Instructions:

1. On your turn, dribble the ball (as you would in basketball) one to three times down the court.
2. After the last dribble, you must catch the ball (if you mess up, your opponent takes over) and try to score by bouncing it back into the opposing player's basket.
3. A basket after three dribbles is worth 1 point; two dribble, 2 points; one dribble, 3 points.

4. The ball goes to your opponent after a score or missed shot.

Ref Says:

Don't catch the ball and try dribbling again. That's double dribbling, and your opponent gets possession of the ball.

Relay Ball Games

Catalina Council

What You Need:

One ball for each team

Instructions:

- ★ Each team stands in file formation with a team leader sitting opposite about twenty feet away. He has the ball in his lap.
- ★ On signal, the first player in line runs to this leader, picks up the ball, and returns to his place in the file line.
- ★ He then throws the ball to the leader and goes to the end of the file line and sits down.
- ★ When the ball returns to the leader's lap, the next player runs.
- ★ The first team to finish a rotation wins.

Color Guard

Catalina Council

A mash-up of tag, basketball, and color identification, this game requires some lightning quick moves.

What You Need:

Plastic eggs or balls of different colors
Pail or tub

Instructions:

- ✓ First, place plastic eggs or balls of different colors -- at least one egg per player -- into a pail or tub.
- ✓ Choose one person to be the color guard. The guard stands next to the tub with her eyes closed while the other players each take an egg from the tub and move a few steps away.
- ✓ The guard then opens her eyes and shouts out a color.
- ✓ Any player holding that color egg must now try to get the egg back into the tub without being tagged by the guard. Players can throw their eggs, but any that land outside the tub must be picked up by the thrower.
- ✓ Anyone who gets tagged, or whose egg is caught by the guard, is out of the game.
- ✓ The last remaining player gets to be the color guard in the next round.

Bucket Bounce

Catalina Council

1. Place an empty bucket in the center of the room.
2. Each boy gets five tries to bounce the ball into the bucket from a spot approximately six feet away.
3. Ball must stay in bucket.

Training Game: King of the Dribblers

Catalina Council

Young kids tend to look down at their basketball when they dribble. Here's a game to break them of that habit. Older kids can try this driveway classic if they tire of straight-up one-on-one.

What You Need:

Basketball
Five or more players

Instructions:

- ☺ Designate or cone off an area (less skilled kids need a bigger area).
- ☺ Everyone gets a ball.
- ☺ Players must stay inside the area and dribble; no standing around.
- ☺ As they bounce their ball, they try to knock everyone else's ball away with their free hand.
- ☺ When a player's ball gets knocked outside the designated area, he or she is out.
- ☺ The last player dribbling is crowned king or queen.

Variations:

After right-handed dribbling, try left-handed.

Waddle Relay

Catalina Council

What You Need:

A small-to-medium ball for each team

Instructions:

- On signal, players race against each other while carrying the ball between their knees.
- They must successfully reach the turnaround line, bounce the ball once, and return to their team with the ball once again between their knees and tag the next player in line.
- The next player continues.
- If the ball is dropped at any time, the player must go back and start over.
- The first team to have all players "waddle" the ball wins.

Horse Game

Catalina Council

No, this has nothing to do with animals. It's actually a delightful variation on an old basketball game.

What You Need:

Basketball

Hoop

Instructions:

- ❖ One player takes the ball and makes a weird shot -- say backwards or sideways.
- ❖ If he or she succeeds, other players then try to duplicate the shot.
- ❖ Failure to make the shot earns a player an "H."
- ❖ When everyone's tried his or her hand at the shot, the first player does another crazy shot, and the others try to make it.
- ❖ If anyone doesn't make the shot on the second round, that person earns an "O."
- ❖ This continues until someone racks up all the letters to spell "HORSE," at which point he or she is out of the game.
- ❖ Play until all but one player and the "originator" are left, at which point the remaining player becomes the originator, or have the game structured so that as soon as one person is out, the game starts again.

Variations: Of course, any word can be used in place of HORSE. For an extended game, how about "hippopotomonstrosesquipedalian."

Bounce a Red Ball: Feat Ball

Catalina Council

Red balls are kinder and gentler than basketballs and easier to throw than footballs --making them the perfect choice for young children.

What You Need:

Red playground ball

Two players

Instructions:

1. Contestants in this game take turns tossing a ball against a cement wall and catching it before it hits the ground.
2. What's the hitch? Before making a catch, a player must complete a task proposed by the challenger. For example, the first child might pitch the ball at the wall and clap his hands together before making the catch. The second player then tries to accomplish the same feat.
3. If successful, he gets to pose the next challenge -- perhaps tapping his shoulders or spinning around before catching the ball.
4. If he fails, the first player earns 1 point and gets to pose a second challenge.
5. The first player to score 5 points wins the game.

Red Ball Game: Bull's-Eye Bounce

Catalina Council

Red balls are kinder and gentler than basketballs and easier to throw than footballs -- making them the perfect choice for younger children.

What You Need:

Red playground ball

Chalk

Two players

Instructions:

1. Draw a 5-foot-wide chalk circle on the ground about 10 feet from a cement wall.
2. Draw a 2-foot-wide inner circle in the center.
3. Players take turns tossing a rubber ball at the wall and letting it bounce on the ground once before catching it.
4. If the ball lands on the center circle before a player catches it, he earns 10 points; if it bounces in the outer ring, he earns 5 points.
5. The first child whose score totals 50 points is the winner.

Gorri

Utah National Parks Council

In this variation on the aboriginal game Gorri, kids get to practice their throwing skills by lobbing balls at a moving target.

What You Need:

- Two small rubber or tennis balls per player
- One larger ball (a beach ball works best)
- Length of rope

How To Play:

1. To set it up, divide the group into two teams and give each player two small rubber or tennis balls.
2. Line up the teams facing one another at least 20 feet apart and use a rope to mark a center line between them.

3. Next, call out "gool gool" ("going going"), then roll the large ball along the line.
4. Players then throw their smaller balls at the larger ball, trying to make it stop on the other team's side of the line to win a point.
5. First team to get to five points wins.

Indoor Foot Volleyball

Utah National Parks Council

Utah NP editor's note:

This is a favorite game in our family of 7 children plus a daycare!

Your kids don't need a gymnasium to get some exercise on cold winter's day. This version of volleyball can be played indoors without risk to lamp or limb.

- To play, first tie a piece of yarn or string across a 10 foot playing area, about a foot above the floor .
- Divide the players into 2 teams and have them set up crab style (face up, leaning on their hands and feet) in their stocking feet on each side of the string.
- Use a coin toss to determine which team will serve first, then have 1 player on that team launch a 10-inch inflated balloon into the air for a teammate to kick over the string to their opponents.
- The teams kick the balloon back and forth ,taking all the hits they need to send the balloon to the other side.
- If one team lets the balloon touch the floor, the other team earns 1 point and restarts the game by serving the balloon from their side.
- The first team to reach 15 points wins.

Kickover Ball

Utah National Parks Council

The players sit shoulder to shoulder in two lines, facing each other, their legs extended and their feet almost touching those of the other players opposite.

They support themselves by putting their hands on the floor behind them.

A large ball, preferably a volley ball or one with a leather cover, is rolled on their feet by someone who stands at the end of the line.

Every player tries to kick the ball over the heads of the opponents. Every time the ball goes over the heads of a line, it counts a point against that line.

Hands may not be used to stop the ball but heads often are.

Variation for Little Folks: Have the children sit in a circle, legs spread and feet touching. Simply roll a ball from person to person, gradually bouncing it a little or adding the complication of saying their names as you roll them the ball.

Coaches are often among those overlooked for recognition. If you are part of a sports team, take the time to let your coach know how much you appreciate his taking time to teach the team what he knows. A phone call or a letter sent through the mail would be a bit unexpected but appreciated. Recognize scout leaders too.

CUB GRUB

Some Simple Hoops to Eat

Alice, Golden Empire Council

- Circle Pretzels – try dipping them in chocolate, then in sprinkles
- Dried Apple Rings
- Licorice or Red Vines bent into a hoop shape and held in place with a strip of fruit leather
- Hard cooked eggs sliced into rings

Basketball Cupcakes

Catalina Council

Ingredients:

- Mini white cupcakes.
- White frosting
- Orange decorators' gel
- Sugar cookies - 3 inches in diameter
- Mini basketball chocolates (available at candy stores or online at www.chocolateexpressions.com)



Instructions:

1. For each basket, trim the cupcake flush with the wrapper's edges, if needed.
2. Frost the cupcake and pipe a ring of decorators' gel around the edge.
3. For the backboard, frost half of a cookie, then add decorators' gel details.
4. Keeping the cookie flat, dab frosting where the basket will go and gently press the cupcake in place.
5. Use another dab of frosting to secure a chocolate basketball.
6. Let the treats set for at least a half hour before standing them up.

Hoop De Doo Cookies:

Alice, Golden Empire Council

You can use your favorite sugar cookie recipe – then just use a round cookie cutter or even a can with both ends removed to make your basketball shape. To frost each basketball, remove from the oven and immediately put butterscotch chips on each cookie. When they melt, you can just use a knife use a knife to spread the “frosting.” Of course, you could also use regular frosting – but chips are easier and fun! If you want to add the basketball design on your balls, use licorice strings or black gel frosting. Before you start, make sure you have a picture of a basketball handy to guide your lines!

Note: Want to make football cookies? Just take a can, remove both ends, and squeeze it into the oval shape you need. If you really want to be realistic, use white sprinkles to make the stitches on the football. And of course, you can also make soccer balls – just add some five sided shapes with a toothpick and add black frosting.

If I'm really in a hurry, I just roll the dough into a tube – make it round or push it into an oval shape. Refrigerate and then slice off each individual cookie.

Need a recipe? Here's my favorite

Ingredients:

- 2 cups flour
- 1 t. baking powder
- 1/2 cup butter (if it's unsalted, add ½ t. of salt)
- 1 cup of sugar
- 1 egg
- 1 t. vanilla

Directions:

- ✓ Cream together butter and sugar, then add egg and vanilla and continue mixing.
- ✓ Combine dry ingredients together and add gradually to the butter mixture.
- ✓ If you are making a roll, divide the dough in half and roll into the desired shape, then refrigerate at least half an hour.
- ✓ If you are going to use a cutter, form the dough into a flat circle before you chill it, to make rolling out easier.
- ✓ Roll out dough to at least ¼ inch thick, or cut in slices from the roll.
- ✓ Preheat oven to 400 degrees. Butter cookie sheets and bake for about 10 to 12 minutes. Don't let the cookies brown – they should just be set, but still light in color.
- ✓ Decorate with butterscotch chips straight from the oven or cool and then use frosting. (I like to add some almond flavoring to my frosting)

Our Favorite Hoop – Doughnuts!

Alice, Golden Empire Council

I love to make real doughnuts, using yeast dough. And I'll give you a recipe – BUT for the boys, they have just as much fun using canned biscuits! Use a canapé circle cutter to cut out the center circle, then doughnuts (and holes) can be quickly cooked in oil – This should be done by an adult – but it is fun to watch the dough drop to the bottom, then float to the top as it cooks. Turn over so the other side gets nicely browned. Now show the boys how to ice their doughnuts – have a shallow bowl with frosting in it, and just quickly dip the top side of each doughnut in the frosting, then remove to a rack. Have an assortment of small cups with different sprinkles – but use just a small plastic spoon so your sprinkles don't disappear too fast!

Now for the real thing.....

Cake Doughnuts

Alice, Golden Empire Council

Ingredients:

- 2 cups all purpose flour
- 1/2 cup sugar
- 1 t. salt
- 1 T. baking powder
- 1/4 t. ground cinnamon
- dash of ground nutmeg
- 2 T. melted butter
- ½ cup milk
- 1 egg, beaten
- 1 quart of oil for frying

Directions:

- ✓ Heat oil in deep-fryer to 375 degrees F (190 degrees C).
- ✓ In a large bowl, sift together flour, sugar, salt, baking powder, cinnamon and nutmeg.
- ✓ Mix in butter until crumbly. Stir in milk and egg until smooth.
- ✓ Knead lightly, then turn out onto a lightly floured surface.
- ✓ Pat to 1/4 inch thickness.
- ✓ Cut with a doughnut cutter, or use two round biscuit cutters of different sizes. I use a canapé cutter to make the center.
- ✓ Carefully drop doughnuts into hot oil, a few at a time. Do not overcrowd pan or oil may overflow.
- ✓ Fry, turning once, for 3 minutes or until golden.
- ✓ Drain on paper towels.
- ✓ Frost and decorate as desired.
- ✓ Makes about a dozen doughnuts.

Glazed Doughnuts

Alice, Golden Empire Council

Ingredients:

- 2 teaspoons of active dry yeast (or two envelopes)
- 1/4 cup warm water
- 1 1/2 cups lukewarm milk
- 1/2 cup sugar
- 1 t. salt
- 2 eggs
- 1/3 cup shortening
- 5 cups all purpose flour
- 1 quart vegetable oil for frying

For Glaze:

- 1/3 cup butter
- 2 cups confectioners' sugar,
- 1- 1/2 teaspoons vanilla,
- 4 tablespoons hot water or as needed

Directions:

- ✓ Sprinkle the yeast over the warm water, and let stand for 5 minutes, or until foamy.
- ✓ In a large bowl, mix together the yeast mixture, milk, sugar, salt, eggs, shortening, and 2 cups of the flour.
- ✓ Mix for a few minutes at low speed, or stir with a wooden spoon.
- ✓ Beat in remaining flour 1/2 cup at a time, until the dough no longer sticks to the bowl.

- ✓ Knead for about 5 minutes, or until smooth and elastic.
- ✓ Place the dough into a greased bowl, and cover. Set in a warm place to rise until double. Dough is ready if you touch it, and the indentation remains.
- ✓ Turn the dough out onto a floured surface, and gently roll out to 1/2 inch thickness.
- ✓ Cut with a floured doughnut cutter. Let doughnuts sit out to rise again until double.
- ✓ Cover loosely with a cloth.
- ✓ Melt butter in a saucepan over medium heat. Stir in confectioners' sugar and vanilla until smooth.
- ✓ Remove from heat, and stir in hot water one tablespoon at a time until the icing is somewhat thin, but not watery.
- ✓ Put into a shallow bowl and set aside.
- ✓ Heat oil in a deep-fryer or large heavy skillet to 350 degrees F (175 degrees C).
- ✓ Have an adult Slide doughnuts into the hot oil using a wide spatula.
- ✓ Turn doughnuts over as they rise to the surface. Fry doughnuts on each side until golden brown.
- ✓ Remove from hot oil, to drain on a wire rack or paper toweling.
- ✓ Dip doughnuts into the glaze while still hot, and set onto wire racks to drain off excess.
- ✓ Keep a cookie sheet or tray under racks for easier clean up.

Get Fit Chicken Bake

Catalina Council

Ingredients:

- 1 chicken cut into pieces
- 2 cups cornflakes
- 1/4 teaspoon salt
- 1/8 teaspoon pepper
- 1/2 teaspoon parsley flakes

Instructions:

1. Skin the chicken.
2. Sprinkle with salt, pepper, and parsley flakes.
3. Put the cornflakes into a plastic bag and gently crush them with a rolling pin.
4. Put the crumbs onto a plate press each chicken piece into the crumbs and place it in a baking dish.
5. Bake chicken pieces uncovered at 350 degrees for one hour.

Sportsman's Favorite Apple Cream Pie

Catalina Council

Ingredients:

- 1 prepared graham cracker crust
- 1 can apple pie filling
- 1 pint vanilla ice cream



Instructions:

1. Take the ice cream out of the freezer and let it stand until it becomes soft but has not melted.
2. Put the pie filling into a bowl and stir in the softened ice cream.
3. Pour the mixture into the crust; cover the pie and freeze it for at least two hours.

Edible Gold Medals

Catalina Council

Ingredients:

- Sugar cookie
- Plastic wrap
- 8-inch gold doily (or sheet of gold wrapping paper)
- Scissors
- Clear tape
- Large paper clip (1 3/4 inches long)
- 1 yard of red, white and blue ribbon

Instructions:

1. Seal the cookie in plastic wrap.
2. To make the gold casing, use a doily or cut a circle from wrapping paper; the diameter should be about 4 inches wider than the cookie's (so there's a 2-inch border all the way around the cookie).
3. Lay the doily or gold circle face down and center the cookie on top of it, flat side down.
4. Fold the paper tightly over the edges of the cookie and tape it down.
5. Lay the paper clip atop wrapped cookie, leaving 1/4 inch of the clip peeking over the edge; tape in place.
6. Thread the ribbon through the loop in the paper clip and knot the ends together.

Baseball Cookies

Baltimore Area Council

Ingredients

- 1/2 C wheat germ
- 1/2 C peanut butter
- 1/2 C honey
- 3 C dried milk powder
- 3/4 C graham cracker crumbs
- Powdered sugar or shredded coconut

Directions

- ✓ Mix together the wheat germ, peanut butter, honey, milk powder and graham cracker crumbs.
- ✓ Form into balls the size of large marbles.
- ✓ Roll in shredded coconut or powdered sugar.
- ✓ Refrigerate.

Grand Slam Bacon Bats

Baltimore Area Council

Ingredients

- 6 bacon strips, halved lengthwise
- 12 crisp bread sticks (about 5 inches long)

Directions

- ✓ Wrap a piece of bacon around each breadstick.
- ✓ Place on a rack in a baking pan.
- ✓ Bake at 375 degrees for 20-25 minutes, until bacon is crisp.
- ✓ Makes one dozen.

Nothing But Net Cookies
Utah National Parks Council

Ingredients

- 1 package(18 ounces) refrigerated sugar cookie dough (or your favorite sugar cookie recipe)
- 1/4 cups all-purpose flour
- 2 tablespoons powdered sugar
- 2 tablespoons lemon juice
- Orange, white, and black decorating icings

Directions

- Remove dough from wrapper; place in large bowl.
- Let dough stand at room temperature about 15 minutes.
- Add flour, powdered sugar, and lemon juice to dough;
- Beat till well blended.
- Divide dough in half.
- Wrap each half in plastic wrap;
- Refrigerate at least 2 hours.
- Meanwhile, make patterns out of clean lightweight cardboard using pictures of balls from various sports.
- Preheat oven to 350°F.
- Grease cookie sheets.
- Roll 1 dough half to 1/4-inch thickness on lightly floured surface.
- Place pattern, sprayed side down, on dough.
- Cut around pattern with sharp knife; remove pattern from dough.
- Place cutouts 2 inches apart on prepared cookie sheets.
- Repeat with remaining dough.
- Bake 13 to 15 minutes or until edges are lightly browned move to wire rack; cool completely.
- Decorate with icing to look like sports balls.

WEBELOS

Joe, WEBELOS RT Break Out Coordinator
Westchester-Putnam Council

Many thanks to Joe for putting the WEBELOS Section together again this month. Drop him a note and say Thank You and how you appreciate his work. Send it to me, davethecommish@gmail.com and I will forward to Joe. He told me he is already working on next month's!!! Thank you, Joe. CD

Welcome Bear Leaders

As of June 1 your Bear scouts become Webelos and you may be a Webelos leader. If so, complete Fast Start training for Webelos leaders. Your pack leadership (pack trainer) will facilitate this video-based training, or you can complete the training online under Cub Scouts/Adult Leaders/Training at www.scouting.org. As soon as the new Cub Scouts 2010 Webelos Handbook and Leader manual are available, buy copies and read them. Finally, take your Scouts to resident camp – take them outdoors. They will think you are great!! Most importantly, attend the Webelos break out at your monthly Cub Scout Roundtable to share ideas with Webelos leaders from other Packs!

The Webelos Leader's Book is one of the resources being redone as part of Cub Scouts 2010. Wait to buy your copy until the new books (with the new covers) are issued!! The format of doing the Activity Awards is changing. CD



Neckerchiefs Ceremony

Becoming a Webelos scout is a Big Deal and should be recognized. You may want to foreshadow part of the bridging ceremony from Webelos to Boy Scouts by holding a neckerchief ceremony to present the Webelos neckerchief to your former Bears at the June Pack meeting.

Required: 5 neckerchiefs - Tiger, Wolf, Bear, Webelos, and generic Boy Scout - stapled to tall pole or long broom handle

Script: (leader holds the pole with Boy Scout neckerchief at top and Tiger at bottom)

When a boy becomes a Cub Scout he starts on an upward trail. I say 'upward' because as he grows older he advances in Cub Scouting. He does not join a Cub Scout pack and then wait around for a few years until he becomes a Boy Scout.

As a boy moves up the Scouting trail, his badges of rank and his changes in uniform show his progress. One of the changes in uniform is the neckerchief. These are the five neckerchiefs of Scouting. First is the orange Tiger neckerchief worn by the youngest scouts. Next is the yellow Wolf neckerchief. Then, the blue of the Bear scout. The fourth neckerchief of mixed colors is worn by Webelos scouts. The last neckerchief represents those worn by Boy Scouts, but each troop has its own neckerchief.

You are ready to receive your Webelos neckerchief. The multiple colors in your new neckerchief are more like fireworks than a flame. You are reaching the very top of the Cub Scout ranks and are exploding with skills, spirit, and energy. You now need to use your scouting spirit to reach the final heights of Cub Scouts and prepare to launch into a Boy Scout troop before you know it.

(Distribute Webelos neckerchiefs and slides to parents)

Parents, please remove your son's neckerchief and put his new one in place.

Pack, please join me in congratulating these great scouts with **(CHEER of your choice!!)**!

Get a Den Chief

Ask your Cubmaster to help you get a den chief. A den chief is an older, experienced Boy Scout who has taken Den Chief training and who is selected by the Troop's Senior Patrol Leader at the request of the Cubmaster. Approved by the Cubmaster and the pack Committee, the Webelos Den Chief can help the Webelos Den Leader with presenting the program. Also, he can be a bridge to the Boy Scout Troop, which will be helpful when Webelos move to second year in 5th grade.

Responsibilities:

The den chief's responsibilities are to

- ★ Know the purposes of Cub Scouting.
- ★ Help Cub Scouts achieve the purposes of Cub Scouting.
- ★ Serve as the activities assistant at den meetings.
- ★ Set a good example through attitude and uniforming.
- ★ Be a friend to the boys in the den.
- ★ Help lead weekly den meetings.
- ★ Help the den in its part of the monthly pack meeting.
- ★ Know the importance of the monthly theme and pack meeting plans.
- ★ Meet regularly with the den leader to review den and pack meeting plans. Meet as needed with adult members of the den, pack, and troop.
- ★ Receive training from the den leader (and Cubmaster or assistant Cubmaster) and attend Den Chief Training.
- ★ Encourage Cub Scouts to become Webelos Scouts when they are eligible.
- ★ Help the denner and assistant denner to be leaders.

The Webelos Den Meeting

Webelos Den meetings are fun, full of activities, and importantly, help prepare your scouts for transition to Boy Scouts.

Webelos den meetings are usually held in the evening or on weekends, once each week, in a home, church, or school. The meeting day, time, and location are set by the Webelos den leader and should be the same each week to prevent confusion. Den meetings last approximately one hour. Leadership responsibilities are shared by the Webelos den leader, assistant Webelos den leader, Webelos den chief

(boy scout that assists the Webelos den leaders), and denner (a selected member of your den.)

The Webelos den meeting has seven parts, just like all Cub Scout Meetings. The names are changing slightly with Cub Scouts 2010.

Note -

Starting in September 2010 as part of CS 2010 Webelos Dens will be working on several Activity Awards at the same time. The current format of one badge for a month is being discontinued.

The seven parts of a Webelos Den Meeting are:

Note - CS 2010 name (Traditional Name)

1. **Before the Meeting** (*Before the Meeting*) - The den leader, Assistant DL, and den chief make final preparations; coach the denner on the part he is to take in the meeting; and help the denner arrange the meeting place.
2. **Gathering** (*Gathering*). Conduct an activity to keep those who arrive early busy until time for the opening.
3. **Opening** (*Opening*). This should be a simple opening ceremony followed by den business such as attendance, dues, den plans, and uniform inspection. It is useful to start using the Scout Oath and Law in lieu of the Cub Scout Promise and Law of the Pack.
4. **Business Items** (*none*) Discuss what is coming up - pack meetings, badges being worked, trips, permission slips, meetings with Boy Scouts, camping trips and hikes, ...
5. **Activities** (*Activity badge fun and Preparation*) Includes instruction, practice, games, and contests related to the Webelos Scout skills. Boys will make equipment and props for the den's part in the pack meeting and make preparations for later outdoor, goodwill, or other special activities.
6. **Closing** (*Closing*). Make announcements, have a simple closing ceremony, and clean up the den meeting place.
7. **After the Meeting** (*After the Meeting*). The den leader and den chief review the meeting and discuss plans for the next den meeting. Review the next meeting assignment with the denner. Help the denner put the room in order.

Get Parents Involved As Activity Badge Counselors

An Activity Badge Counselor is an adult who works with Webelos Scouts on a particular activity badge.

Qualifications

The activity badge counselor may be an adult family member of a Webelos Scout, a pack leader, a teacher, a coach, or another adult qualified to teach one or more activity badges to Webelos Scouts. This is usually a temporary position and is not a registered BSA position.

Responsibilities

The activity badge counselor's responsibilities are to:

- ★ Provide activity badge instruction at Webelos den meetings, as requested by the Webelos den leader. This could include, for instance, providing resources and instruction on model building, leading field trips, or providing instruction and help on collections and specimens, depending on the activity badge requirements. The service usually extends over three or four den meetings for each badge.
- ★ Be familiar with the Webelos Scout Book in presenting activity badge information and approving requirements.
- ★ Help Webelos Scouts gain self-confidence in completing projects and in dealing with adults.
- ★ Follow the Webelos den time schedule for activity badge instruction.
- ★ Help recruit other activity badge counselors.

HANDYMAN

Scouts learn how to make minor repairs around the house and garage. They also learn how to take care of tools and their proper use. Remember that though these activities may seem simple to you, it may be the first time one of your Webelos has been exposed to changing a tire or learning about tools and how to use them. Be careful not to criticize and lose patience if the boys seem clumsy with a screwdriver or wrench. They will learn greatly from your patience and will be so proud of what they've accomplished in earning this badge. Handyman is part of the Technology group of Activity Badges.

OBJECTIVES:

- To acquaint Webelos with odd jobs that they could do to help out around their homes.
- To help Webelos learn the proper care and storage of tools.
- To make Webelos aware of the importance of the proper storage of household chemicals.

Webelos Handyman Ideas

- Have a clinic on the care and repair of bicycles. Set it up like a shop and have each boy bring his bike and do repairs, etc.
- Ask a cyclist to the den meeting to talk about proper care and maintenance of a bicycle.
- Have a bike inspection and bike rodeo.
- Invite someone from the local bicycling club to tell about the upcoming trips. Learn about the kinds of bicycles that are used.
- Visit a local bicycle shop and talk with the mechanic to see if he will show you how to do a safety check on your bike and perform minor adjustments.
- Organize a pack car wash.
- Visit a car wash facility.
- Visit a gas station, garage or tire repair shop.
- Have a family car inspection.

- Visit a service station. Ask an auto mechanic to show the different types of equipment they use. Watch a demonstration of preventative car maintenance.
- Arrange for a local mechanic to visit your Den or visit his garage, perhaps he can show your Den the safe way to change a tire, light bulb and to check the oil and transmission fluid.
- Hold a nail hammering contest. See who can hammer a nail in the fewest number of strokes.
- Show safety measures for lawn mowing.
- Build sawhorses and demonstrate their use.
- Go to a hardware store or garden nursery. See what hardware can be used to make a storage area for hand, lawn and garden tools.
- At a hardware store, visit the repair shop, and acquaint the Scouts with a few specific and varied sections in the store, like electrical supplies and hand tools.
- Arrange a presentation at a well-equipped home workshop.
- Check with the local fire marshal or poison control center to find out how to store household cleaners and materials that will be safe from small children.
- Check the garage or storage shed in your house to ascertain the tools or implements are properly and safely stored.
- Have Webelos bring tools to a Den Meeting and demonstrate different ways to mark them.
- Tour a hardware store or garden store. Look for ideas on how to set up a storage area for garden tools and hand tools.
- Visit a paint store and watch how colors are mixed. Look at the variety of brushes and the types of paint. Pick out a new color for your house and the trim.
- Tool demonstration: Meeting to be held in someone's workshop observing the use of various power tools. Talk about the safety precautions in a shop.
- Check with the local police department to see if they have a program called "Operation Identification", or a program similar to this, and find out how to mark valuables in your home for identification

Handyman Scavenger Hunt

In a boy's home or meeting place, hunt for the following items or create your own list. Boys should be accompanied by a leader or parent. They should not gather the items but instead, have the boys write down the location of each.

Here is a sample:

Pruning shears, Edge trimmer, Lawn mower, Gasoline can, Oil can, File, Pliers, Hammer, Nails, Screwdriver, Air pump, Tire tube, Old rags, Old newspapers, Window cleaning solution, Aluminum cans, Tire pressure, gauge, Crescent wrench, Tire changing tools, Auto jack and stand.

After the locations for these tools are recorded, go over the list and see if any of the items are not stored in the proper locations. For example, are the old rags stored on top or next to the gas can in a closed cabinet? Are the pruning shears lying on the floor where young children may be able to "play" with them? Also check the tools for cleanliness and sharpness. These factors influence their serviceability.

Bicycle Handyman Ideas

- Have the boys bring their bikes to a den meeting at a local park. Do requirements 5, 6, and 7. Then go for a bike ride to help earn the Bicycling Belt Loop.
- Have the boys help plan a mini bike rodeo for a park meeting where all the Cub Scouts are invited to bring their own bikes. Webelos Scouts can set up a "safety station," where they check the condition of safety equipment on the bikes and go over safety tips with the younger boys. Ask a local bike dealer if someone can come and help with the safety check. Contact the police department to see if someone can come to register bikes in case of theft. In some areas, the police department will run a bike rodeo and safety program for you if the entire pack is involved.
- Ride to the neighborhood park and have a picnic.
- Go to a bike shop and have an expert demonstrate different bike types and show how to take care of them

Handyman Badge Home Activities Check List

Your Scout is working on the Handyman Activity Badge this month. The Den is planning a bicycle clinic. This will cover requirements 5 through 7. If your Scout will not be able to attend the Bicycle Clinic, then please work on those requirements at home and initial that they are complete on this check list. All of the other requirements can be fulfilled at home with parents supervision. Not all of the requirements listed below need to be completed, but please try to do as many as possible and then initial in the parenthesis that the requirement is complete. Please make sure this Check List remains in your Scout's binder.

Check List

1. With proper adult supervision, wash a car.
This requirement has been completed (_____)
2. Help an adult change a tire on a car.
This requirement has been completed (_____)
3. Replace a bulb in the taillight, turn signal, parking light, or headlight on a car.
This requirement has been completed (_____)
4. Show how to check the oil level and tire pressure on a car.
This requirement has been completed (_____)
5. Make a repair to a bicycle, such as tightening the chain, fixing a flat tire, or adjusting the saddle or handlebars.
This requirement has been completed (_____)
6. Properly lubricate the chain on a bicycle.
This requirement has been completed (_____)
7. Properly inflate the tires on a bicycle
This requirement has been completed (_____)
8. Replace a light bulb in a fixture or a lamp.
This requirement has been completed (_____)
9. Arrange a storage area for household cleaners and materials that will be safe from small children.
This requirement has been completed (_____)
10. Build a sawhorse or stool to be used around your home.
This requirement has been completed (_____)
11. Mow a lawn and properly rake and dispose of the clippings.
This requirement has been completed (_____)

12. Arrange a storage area for hand tools and lawn and garden tools.
This requirement has been completed (_____)
13. Clean and properly store hand tools or lawn and garden tools in their storage area.
This requirement has been completed (_____)

Handyman Hints

- Place Dad's old sock over shoes when painting.
- For plugged drains, mix 1 cup salt and 1 cup baking soda and pour down drain. Follow with kettle of boiling water.
- To seal a tiny leak in a plastic garden hose, touch the hole lightly with the tip of a Phillips head screwdriver that has been heated over a flame. The plastic will melt enough to plug the hole.
- Weeding is less tedious with the right tool. A claw hammer will pull out weeds by the clump. An apple corer is also an excellent weeder- it doesn't disturb the roots of adjacent plants

Handyman Relay

Have other adults help you with the different stations for this relay. Time the boys, but emphasize that safety counts more than speed.

- Check oil level on car. Place clean rag on car hood, have boys open hood, check oil close hood, tell result, and place rag in box.
- Check tire pressure. Have boy open front car door, take pressure gauge out of glove box, find correct pressure on edge of car door, close door, take tire pressure, tell result, open car door, replace gauge in glove compartment, close door.
- Adjust seat on bicycle. Have bike seat too high. Have boy choose from 3 different tools the one he needs to loosen the saddle clamp bolt. Have him wiggle saddle until it is at a proper height for him. Then he tightens the clamp bolt and returns the tool.
- Replace light bulb in a lamp. Have a lamp set up at a station with an old burned-out light bulb. Have boy unplug lamp, screw out bulb, place bulb gently in a paper sack, look at lamp socket for proper wattage, choose correct wattage bulb from box of assorted new bulbs, screw new bulb into socket, plug in lamp, turn on lamp, and turn off lamp.
- Mark and properly store hand tools. Have a pegboard, toolbox, or piece of poster board with the outlines of the tools drawn on it. Set out several of the hand tools in a pile. Have boys use some red plastic tape (Available at grocery, hardware stores) to wrap around handle of a tool that hasn't been marked yet. Then he sorts tools and places them neatly in their proper storage place

Bicycle Rodeo

If handyman is worked on during the spring or fall, it would be a great idea to tie in a bicycle rodeo or a bicycle safety program. The death toll in bicycle accidents is about 1,000 a year. Boys between the ages of 5 and 14 are involved in the majority of serious bicycle accidents. Many people on bicycles do not realize that they are a driver in the same sense as being an automobile driver. Webelos Scouts need to

learn that when they are on bicycles, they are drivers and must obey the same traffic rules as other drivers.

At your bike rodeo, train the boys in how to keep their bicycles in good working order, how to drive them safely, and teach them of the rules of the road.

You could set up an "obstacle" course and have the boys safely maneuver their bikes along the course. A special neckerchief slide could be made up and given to all participants, or make up a certificate to hand out.

Tool Board

Screw a 18" x 20" pegboard to a 20" x 24" piece of 1/2" plywood using 3/8" spacers between to create a space for the hooks. Use a paint pen to draw outlines of where each tool is to be hung on the board. Attach directly to garage wall.

For nails, nuts, bolts, etc

Place each in separate small jars. For each jar, put two hooks in pegboard on either side of the jar. Stretch a rubber band between the hooks and slip the jar between the rubber band. (or buy jar and lids that have hooks attached)

Drill Bit Holder

Use a 7" piece of 2" x 4" wood. Drill two rows of holes, about one inch apart, for a total of twelve holes. Insert drill bits upright in the holes.

Take Care of Your Bicycle

Create a checklist you review every time you before you begin to ride. Items to always check include:

- Brakes _____
- Chain _____
- Pedals _____
- Reflectors _____
- Spokes _____
- Tires _____
- Seat _____

Make sure you keep your chain well-lubricated and the tires inflated properly.

Visit a bicycle shop. Learn about the different kinds of bikes. Ask about bike maintenance. At your den meeting, take apart an old bike then put it back together.

TRAVELER

This activity badge introduces Webelos to the excitement of traveling to see new places and meet new people. To show the Scouts some of the practical skills that are needed to get "there" successfully and efficiently so that when "there", they can have a rewarding experience. This is a great badge for getting parents involved, especially with summer family trips coming up.

Suggested Den Activities

- ✓ Invite a travel agent to explain to your den about planning for a trip and the use of computers in making reservations.
- ✓ Hang travel posters around the den meeting place and discuss ways to travel to these places.

- ✓ Invite a parent or other resource person to tell of an unusual vacation he/she has taken.
- ✓ Take a den trip to a travel agency.
- ✓ Take a short trip on public transportation, perhaps a bus or train. Plan an itinerary.
- ✓ Ask the boys to bring in some vacation pictures for everyone to look at. Ask them to point out on the map where they went, tell how they traveled, and where they stayed.
- ✓ Make games to take in the car for long trips. Make a first aid kit for the car.
- ✓ Learn how to pack a suitcase and practice at the den meeting.
- ✓ Learn the shapes and meaning of road signs. Learn how to read a road map.
- ✓ Visit a Train Station.

I live near the Wilmington, DE, Amtrak Station. It is wonderful place to visit. It is an old station that has been preserved in fine condition. (And now that Joe Biden is VP, it is being upgraded once more). I love bringing my den there to visit and wander (in our group). We pick up train schedules and the boys have a blast looking at them and figuring them out. We always call first and usually someone from Security shows us around and gives the Scouts lots of handouts. Check with stations near you. CD

- ✓ Visit a Tourist Center at a State Welcome Center. The Scouts can pick up brochures about places to go and what is good to see in your state. Have them pick up State Highway maps to use for other requirements. Before going, have a discussion about not being "piggy" with the handouts.

The lady at the I-295 welcome center near the Delaware Memorial Bridge was happy to see our den. And showed the boys pamphlets and information they could have. Each boy received a NJ State Map (with a former Governor) to use. The Scouts each plotted two ways to Atlantic City from our home town on the maps. It seems to mean more to the Scouts when they pick up the item (timetable, map) rather than just another handout from an adult. CD

Den Meeting: Fulfilling Badge Requirements.

#1:	Use timetables from local commuter railroad to see the routes.
#6:	Map a route to one of the outings listed above. Bring the map on the den outing and navigate your vehicle.
#9:	Game: Review map legends. Then, have flashcards with different signs and symbols on them. See who can tell the correct meaning for each symbol first.
#10:	Activity: Figure out routes to two interesting places such as the state capitol, zoo, or another town.
#2, 3, 4, and 5:	Complete at least one of these with your family.

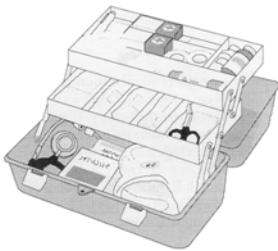
Great Gathering Activities

Ways to Go: Unscramble the following modes of transportation. Count up how many you have used.

1. necoa (canoe)
2. crepeithlo (helicopter)
3. odemp (moped)
4. atfr (raft)
5. rmat (tram)
6. osdedlg (dogsled)
7. wuasyb (subway)
8. giiknsi (skiing)

Do You Know Your Cars?: Each definition below describes a type of car. Can you identify them? Maybe use a computer search to get those old ones the boys may not get right.

1. Our 16th President. (Lincoln)
2. River in New York. (Hudson)
3. First colony in New England. (Plymouth)
4. Indian Chief. (Pontiac)
5. Theater in which Lincoln was shot. (Ford)
6. A young horse. (Colt)
7. A spotted horse (Pinto)
8. A hawk (Falcon)
9. Wild animal in the cat family. (Jaguar/Cougar)
10. A shooting star. (Comet)
11. French tourist spot. (Riviera)
12. A Roman mythical god. (Mercury)

Car First Aid Kit

Small plastic, wooden, metal or cardboard box containing:
(As seen in the picture - fishing tackle boxes work great)

- Roll of 2" gauze bandage
- Soap
- Sterile gauze dressing
- Baking soda
- Cravat bandage
- Tweezers
- Sunburn ointment
- Small scissors
- Insect repellent
- Jackknife
- Latex gloves

Additional supplies:

- Two 3" x 17" splints (1/4" thick)
- Flashlight, flares or red flags
- Container of water

- Fire extinguisher
- Tow chain or rope
- Blanket

Supplies for winter:

- Small shovel
- Sand or cat litter
- Chocolate candy bars
- Extra pair of gloves
- Extra pair of boots

Games

Map Game: Before going on an outing, supply each boy or team of boys with a map, a piece of string, a ruler, dice, and paper and pencil. Depending on how far you can actually travel, have them roll the dice and multiply by 10 (or larger) to determine how many miles your trip will be. With the ruler, measure the distance needed on the mileage chart. Cut a piece of string to that length. place one end of the string at your home town and draw a circle around your town. Now have the boys decide where within that circle they want to go. Next, have them chart a route to the location, make plans for an activity when they arrive there, and decide if snacks or a meal is needed. Take the trip using their instructions. Even if they get you "lost", follow their instructions so they can see how important it is to read a map accurately.

Packing Light: Divide dens into teams. For each team have a suitcase with a hat, coat, gloves, and an umbrella inside.

To play: On Signal the first player on the team runs up to the suitcase, opens it, and puts on the clothes. Then he opens the umbrella (with gloves on) and runs back to the line. He removes the clothes and the next player puts them on. This boy now opens the umbrella (with gloves on!) and runs forward to the suitcase. There, he removes the clothes, puts them back into the case, and closes it.

Players continue in this pattern until each member has dressed for the trip. The members of the team that finishes first all are awarded a state map.

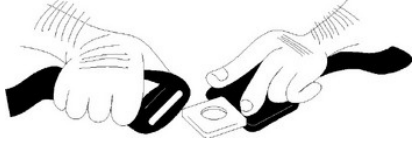
Suitcase Race: Make a pile of clothes, shoes, and accessories in the middle of the floor. Have at least two suitcases at one end of the room. Line the boys up on the opposite end. Explain that they are going on a trip and need to pack their suitcase. They will need to decide what to take, fold it properly, and pack it in the suitcase. They can only get one item at a time. The first to correctly pack his suitcase wins. This can be timed or done as a relay race. The first time, you may want to let them pack what they think they need then have them discuss what really needs to be taken. Make a list and have them pack again. Be sure to mix the pile up and include things that really shouldn't be taken on the trip. Maybe leave out some necessary items like a toothbrush to see if anybody notices.

Packing A Suitcase: Bring a medium size suitcase and bring plenty of items to pack into it to the den meeting. Included in the items should be the necessities of any trip (extra clothes, toiletries, etc.). Be sure that you deliberately bring too much to fit into the suitcase so that the Webelos are forced to select only what they cannot do without for the

trip. Have the Webelos select items and practice packing the suitcase.

Ways to Go: Divide den into two teams. In this relay the players are to travel from one end of the room to the other. Each team member must travel in a different way; however, the opposite team may use the same ideas.

Car Passenger Code



This code provides hints on how car passengers can help make each trip a safe and pleasant one.

Help yourself by:

- Always wearing your seat belt, and (if 12 or younger) sitting in the back.
- Sitting down, so that you won't be hurt if there is a sudden stop
- Keeping your hands away from door handles, gear stick, ignition key and the driver

Help the driver by:

- Sitting down, so that you don't distract him
- Looking out for road signs
- Keeping the noise down
- Help other passengers by:
- Not teasing younger passengers
- Not putting anything dangerous on the back ledge
- Saving all litter until you get home; use litter bags

Help others on the road by:

- Staying in the car – if you put your arms and head out of the window, you could lose them – while you are moving.
- Not throwing things out the window
- Getting out of the car on the side away from the traffic

Safe Driving Tips for Families

- Allow enough time to avoid feeling rushed.
- On long trips, allow for frequent stops.
- Have your car checked before you leave – tires, brakes, lights, turn signals, and windshield wipers – to ensure proper functioning.
- Use seat belts. They help save lives.
- Be alert to hazards – adjust your driving speed accordingly.
- Use courtesy abundantly – everywhere – at intersection, while being passed or passing, at night with headlights.
- Follow the rules of the road – signals, signs and road markings, for a safe enjoyable trip.

POW WOW EXTRAVAGANZAS

Let me know as soon as your date is set. I will post whatever I receive! CD

Sam Houston Area Council
Following Akela's Trail into the Next Century

Probable Date - November 6, 2010

Location - TBA

Call Sam Houston Area Council, (713) 659-8111, or visit the website, http://www.samhoustonbsa.org/akelas_trail.php, for more information

Southern NJ Council

Improving Your 'Scoutability'

January 22, **2011**

Lakeview Middle School, Millville, NJ 08332

Call Southern NJ Council, 856-327-1700, extension 32, or visit the website, www.snjscouting.org for more information

WEB SITES



Utah National Parks Council

Lots of good Cub Scout info -

www.kismif.org

Family Fun Magazine

www.freekidscrafts.com

Arthurs clipart.org offers free clip art of large image format which is suitable for presentations projects and school usage etc

www.arthursclipart.org

And of course -

GOOGLE (Or is Topeka??) is my friend!!

Wendy, Chief Seattle Council

Ping Pong Ball Basketball:

http://www.highlightskids.com/Express/Crafts/Games/C080_6_pingPong.asp Yes, you can draw a net on a clear cup using a permanent marker.

Ping Pong Basketball

<http://familyfun.go.com/playtime/ping-pong-basketball-817459/>

Mini Basketball:

http://familycrafts.about.com/od/pompomcrafts/a/basketball_hoop.htm

Mini Croquet:

<http://familyfun.go.com/crafts/indoor-croquet-811984/>

Kick-it-through-the-wicket:

<http://familyfun.go.com/playtime/kick-it-through-the-wicket-708218/>

Air Golf:

<http://familyfun.go.com/playtime/air-golf-708167/>

Crazy Croquet:

<http://familyfun.go.com/playtime/crazy-croquet-707458/>

Quiddich:

<http://video.yahoo.com/watch/5570939/14628654>

<http://thefuntimesguide.com/2006/06/harrypottergame.php>

<http://www.potterparties.com/game/3>

Alice, Golden Empire Council

Basketball Ideas:

www.en.wikipedia.org/wiki/Basketball general information about basketball, how it's played, history
www.library.thinkquest.org/10615/no.../basketball/history.html this history of basketball, famous players and the creator of the game

www.kansasheritage.org/people/naismith.html pictures and information about the inventor of basketball and the original rules

www.artistshelpingchildren.org/basketballcraftsideasdecorationskids.html all kinds of crafts with a basketball theme

www.printactivities.com/Theme.../Basketball-Printables.html all kinds of printables with a basketball theme, coloring pages and puzzles – the maze under Gathering came from here

www.kidspartyfun.com/pages/themes/basketball.html Lots of great ideas for a Basketball themed party – games, decorations, crafts, food

Hula Hoop Ideas:

www.answers.com/topic/hula-hoops all about the history of hula hoops, games to play, where they have been used

www.en.allexperts.com history of hoops and their use in the circus and other unusual ways

www.worldhoopday.com/ all about World Hoop Day, the organization and its history and purpose

<http://hsc.unm.edu/pathways/assets/download/aigames.pdf> Wonderful collection of games for all ages and group sizes – Native American games that have been adapted to modern equipment; great game source – many hoops are used, but there are also lots of other types of games that scouts would enjoy

<http://blogs.heart.org/hearthoopsandjump> program to encourage fitness by participating in a Jump Rope or Hoops competition sponsored by the American Heart Association. Click on Hoops for Hearts at the top of the page for more information

http://www.youtube.com/watch?v=Eb_OPAEvU7M Watch Game #19 from 101 Fitness Games, taken from the book 101 Hula Hoop Games for Kids

Bubbles and Hoops:

<http://www.monkeysee.com/play/10550-how-to-make-giant-bubbles-for-kids> Step by step instructions for using a hula hoop to make a giant bubble a kid can actually fit into; also other fun summer activities

www.reachoutmichigan.org/funexperiments/.../bubblefun.html Fun ideas and questions to ask and answer by having fun with hula hoops and bubbles

www.stevespanglerscience.com/experiment/giant-bubble-experiment Making various bubble hoops using hula hoops, PVC pipe, string – and an explanation of how and why it all works

ONE LAST THING

25 Things About To Become Extinct In America

A friend sent this and it caused me to pause and think. Not sure how soon any will occur but just thinking about the difference from when I was Scout until now was an experience. CD

25. U.S. Post Office - With e-mail, and online services they are a relic of the past. (refer to #9)

24. Yellow Pages - Much like newspapers, print Yellow Pages will continue fade as the various digital counterparts, from Internet Yellow Pages (IYPs), to local search engines and combination search/listing services like Reach Local and Yodel Factors.

23. Classified Ads - The Internet has made so many things obsolete that newspaper classified ads might sound like just another trivial item on a long list. But this is one of those harbingers of the future that could signal the end of civilization as we know it... The argument is that if newspaper classifieds are replaced by free online listings at sites like www.Craigslist.org <<http://www.craigslist.org/>; and Google Base, then newspapers are not far behind them.

22. Movie Rental Stores - While Netflix is looking up at the moment; Blockbuster keeps closing store locations by the hundreds. Countless small video chains and mom-and-pop stores have given up the ghost already.

21. Dial-up Internet Access - Dial-up connections have fallen from 40% in 2001 to 10% in 2008. The combination of an infrastructure to accommodate affordable high speed Internet connections and the disappearing home phone has all but pounded the final nail in the coffin of dial-up Internet access.

20. Phone Land Lines - According to a survey from the National Center for Health Statistics, at the end of 2007, nearly one in six homes were cell-only and, of those homes that had land lines, one in eight only received calls on their cells.

19. Chesapeake Bay Blue Crabs - Chesapeake Bay Blue Crabs Maryland's icon, the blue crab, has been fading away in Chesapeake Bay. Last year Maryland saw the lowest harvest (22 million pounds) since 1945. Just four decades ago the bay produced 96 million pounds. The population is down 70% since 1990, when they first did a formal count. There are only about 120 million crabs in the bay and they think they need 200 million for a sustainable population. Over-fishing, pollution, invasive species and global warming get the blame.

18. VCRs - For the better part of three decades, the VCR was a best-seller and staple in every American household until being completely decimated by the DVD, and now the Digital Video Recorder (DVR). In fact, the only remnants of the VHS age at your local Wal-Mart or Radio Shack are blank VHS tapes these days. Pre-recorded VHS tapes are largely gone and VHS decks are practically nowhere to be found. They served us so well.

17. Ash Trees - In the late 1990's, a pretty, iridescent green species of beetle, now known as the emerald ash borer,

hitched a ride to North America with ash wood products imported from eastern Asia. In less than a decade, its larvae have killed millions of trees in the Midwest, and continue to spread. They've killed more than 30 million ash trees in southeastern Michigan alone, with tens of millions more lost in Ohio and Indiana. More than 7.5 billion ash trees are currently at risk.

16. Ham Radio - Amateur radio operators enjoy personal (and often worldwide) wireless communications with each other and are able to support their communities with emergency and disaster communications if necessary, while increasing their personal knowledge of electronics and radio theory. However, proliferation of the Internet and its popularity among youth has caused the decline of amateur radio. In the past five years alone, the number of people holding active ham radio licenses has dropped by 50,000, even though Morse Code is no longer a requirement.

15. The Swimming Hole - Thanks to our litigious society, swimming holes are becoming a thing of the past. '20/20' reports that swimming hole owners are shutting them down out of worry that if someone gets hurt they'll sue. And that's exactly what happened in Seattle. The city of Bellingham was sued by a lady who was paralyzed in a fall at a popular swimming hole. As injuries occur and lawsuits follow, expect more swimming holes to post 'Keep out!' signs.

14. Answering Machines - The increasing disappearance of answering machines is directly tied to No 20 our list -- the decline of landlines. According to USA Today, the number of homes that only use cell phones jumped 159% between 2004 and 2007... It has been particularly bad in New York; since 2000, landline usage has dropped 55%. It's logical that as cell phones rise, many of them replacing traditional landlines, that there will be fewer answering machines.

13. Cameras That Use Film - It doesn't require a statistician to prove the rapid disappearance of the film camera in America. Just look to companies like Nikon, the professional's choice for quality camera equipment. In 2006, it announced that it would stop making film cameras, pointing to the shrinking market -- only 3% of its sales in 2005, compared to 75% of sales from digital cameras and equipment.

12. Incandescent Bulbs - Before a few years ago, the standard 60-watt (or, yikes, 100-watt) bulb was the mainstay of every U.S. home. With the green movement and all-things-sustainable-energy crowd, the Compact Fluorescent Light Bulb (CFL) is largely replacing the older, Edison era incandescent bulb. The EPA reports that 2007 sales for Energy Star CFLs nearly doubled from 2006, and these sales accounted for approximately 20 percent of the U.S. light bulb market. And according to USA Today, a new energy bill plans to phase out incandescent bulbs in the next four to 12 years.

11. Stand-Alone Bowling Alleys - WWW.BowlingBalls.US claims there are still 60 million Americans who bowl at least once a year, but many are not bowling in stand-alone bowling alleys. Today most new bowling alleys are part of facilities for all types of recreation including laser tag, go-karts, bumper cars, video game arcades, climbing walls and

miniature golf. Bowling lanes also have been added to many non-traditional venues such as adult communities, hotels and resorts, and gambling casinos.

10. The Milkman - According to the U.S. Department of Agriculture, in 1950, over half of the milk delivered was to the home in quart bottles, by 1963, it was about a third and by 2001, it represented only 0.4% percent. Nowadays most milk is sold through supermarkets in gallon jugs. The steady decline in home-delivered milk is blamed, of course, on the rise of the supermarket, better home refrigeration and longer-lasting milk. Although some milkmen still make the rounds in pockets of the U.S., they are certainly a dying breed...

9. Hand-Written Letters - In 2006, the Radicati Group estimated that, worldwide, 183 billion e-mails were sent each day... Two million each second. By November of 2007, an estimated 3.3 billion Earthlings owned cell phones, and 80% of the world's population had access to cell phone coverage. In 2004, half-a-trillion text messages were sent, and the number has no doubt increased exponentially since then. So where amongst this gorge of gabble is there room for the elegant, polite hand-written letter?

8. Wild Horses - It is estimated that 100 years ago, as many as two million horses were roaming free within the United States... In 2001, National Geographic News estimated that the wild horse population has decreased to about 50,000 head. Currently, the National Wild Horse and Burro Advisory board states that there are 32,000 free roaming horses in ten Western states, with half of them residing in Nevada

7. Personal Checks - According to an American Bankers Assoc. report, a net 23% of consumers plan to decrease their use of checks over the next two years; while a net 14% plan to increase their use of PIN debit. Bill payment remains the last stronghold of paper-based payments -- for the time being. Checks continue to be the most commonly used bill payment method, with 71% of consumers paying at least one recurring bill per month by writing a check. However, a bill-by-bill basis, checks account for only 49% of consumers' recurring bill payments (down from 72% in 2001 and 60% in 2003).

6. Drive-in Theaters - During the peak in 1958, there were more than 4,000 drive-in theaters in this country, but in 2007 only 405 drive-ins were still operating. Exactly zero new drive-ins have been built since 2005. Only one reopened in 2005 and five reopened in 2006, so there isn't much of a movement toward reviving the closed ones.

5. Mumps & Measles - Despite what's been in the news lately, the measles and mumps actually, truly are disappearing from the United States. In 1964, 212,000 cases of mumps were reported in the U.S. By 1983, this figure had dropped to 3,000, thanks to a vigorous vaccination program. Prior to the introduction of the measles vaccine, approximately half a million cases of measles were reported in the U.S. annually, resulting in 450 deaths. In 2005, only 66 cases were recorded.

4. Honey Bees - Perhaps nothing on our list of disappearing America is so dire; plummeting so enormously; and so necessary to the survival of our food supply as the honey bee. "Colony Collapse Disorder," or CCD, has spread throughout the U.S. and Europe over the past few years, wiping out 50% to 90% of the colonies of many beekeepers - and along with it, their livelihood.

3. News Magazines and TV News - While the TV evening newscasts haven't gone anywhere over the last several decades, their audiences have. In 1984, in a story about the diminishing returns of the evening news, the New York Times reported that all three network evening-news programs combined had only 40.9 million viewers. Fast forward to 2008, and what they have today is half that.

2. Analog TV - According to the Consumer Electronics Association, 85% of homes in the U.S. get their television programming through cable or satellite providers. For the remaining 15% -- or 13 million individuals -- who are using rabbit ears or a large outdoor antenna to get their local stations, change is in the air. If you are one of these people you'll need to get a new TV or a converter box in order to get the new stations which will only be broadcast in digital...

1. The Family Farm - Since the 1930's, the number of family farms has been declining rapidly. According to the USDA, 5.3 million farms dotted the nation in 1950, but this number had declined to 2.1 million by the 2003 farm census (data from the 2007 census is just now being published). Ninety-one percent of the U.S. FARMS are small Family Farms.